2019-2020 Offerings
Celebrating the wisdom of men and women 50 and better
Welcome!
Expand your intellectual, social and spiritual horizons beyond any previous expectations.

The Fielden Institute for Lifelong Learning embraces the philosophy that an active mind fosters a youthful spirit. Hosted by the Indian River State College Foundation, the Fielden Institute serves as IRSC’s health club for the brain. The program is designed for men and women age 50 and better who are interested in exploring shared topics of interest in a college atmosphere. We aim to make learning in retirement exciting and enlightening, and invite our members to learn simply for the joy of learning. Courses have no pre-requisites, no long semesters, no grades and no tests—they focus on fulfillment, friendship and fun!

Fielden Institute programs are peer-driven, and members serve as both teacher and student. We pride ourselves in the fact that we work with a growing group of dedicated volunteers each year who lead discussion and study groups, hands-on activities, field trips, lectures, book and film groups, all in a welcoming and appropriate environment for the adult learner. Our goal is to enable members to truly flourish in the second half of life. Courses are offered at all five IRSC campuses and select community sites. Members are always welcome to attend classes at any location.

YOU ARE INVITED TO THE FIELDEN INSTITUTE FOR LIFELONG LEARNING ANNUAL OPEN HOUSES!
Join us for coffee, light refreshments and conversation. Meet members and peer leaders, and register for current offerings.
Free and open to the public. Bring a friend!

Open House Dates and Locations:
All events run from 10:00 to 11:30 a.m.
Formal presentations begin at 10:00 a.m.

Wednesday, October 16, 2019
Schreiber Conference Center, Pruitt Campus, Port St. Lucie

Thursday, October 17, 2019
Brown Center for Innovation and Entrepreneurship
Main Campus, Fort Pierce

Friday, October 18, 2019
Richardson Center, Mueller Campus, Vero Beach

Tuesday, October 22, 2019
Williamson Conference Center
Dixon Hendry Campus, Okeechobee

Thursday, October 24, 2019
Wolf High-Technology Center, Chastain Campus, Stuart

RSVP by calling 772-462-7880.

OCTOBER 2019
21 Learn to Read Music (VB)
23 All About Aging (VB)
23 Great Adaptations: Books into Films: Never Judge a Book by Its Film (VB)
24 Partnerships: Pivotal to Peace, Justice and Strong Institutions (PSL)
24 Great Adaptations: Books into Films: Never Judge a Book by Its Film (VB)
28 Bridge for Beginners (VB)
29 Meditation and Mindfulness (VB)
29 American Songs that Shaped Our History (VB)
30 Beginning Mah Jongg (FP)
30 It’s Medicare Annual Election Time, Now What? (VB)
31 It’s Medicare Annual Election Time, Now What? (FP)
31 Star Trek: Science Fiction or Science? (FP)

NOVEMBER 2019
1 Spotlight: Cold Case Investigations (FP)
6 It’s Medicare Annual Election Time, Now What? (PSL)
7 It’s Medicare Annual Election Time, Now What? (S)
7 Exploring Italian Cuisine with the IRSC Culinary Institute (VB)
8 It’s Medicare Annual Election Time, Now What? (O)
8 Trauma and Tenacity in Vietnam: A Surgeon’s Story (FP)
12 Movie Mania—Using Psychological-Psychoanalysis as A Way to View Films (FP)
13 A Sense of Place (FP)
14 Panel Discussion with the Florida Fossils (VB)
15 Who Was Laura (Riding) Jackson? (VB)
19 Capital Punishment in Florida (FP)
20 Something for the Ages: Adult Authors Who Write for Young Adults (FP)

DECEMBER 2019
4 Tales from the Crypt: Historic Cemeteries as Outdoor Museums (S)
5 Distinguished Lecture Series: “The Economic Outlook and Its Risks”
6 Historical Walking Tour of Downtown Vero Beach (VB)
9 Seniors vs. Crime (PSL)
19 Panel Discussion with the Florida Fossils (FP)

JANUARY 2020
9 Distinguished Lecture Series: “A Healthy Diet: What Do We Know and What is Just Hype!”
10 Social Security & Medicare—What Are The Issues, How Did We Get Here and How Long Will They Last? (FP)
10 Medical Ethics and Its Impact on Our Lives (VB)
10 Reminiscing as a Tool for Visiting Family and Friends with Dementia (VB)
13 Stem Cells: What You Need to Know and Why It Is Important! (PSL)
13 What Motivates an Individual to Pursue Learning? (S)
14 Poetry Writing (VB)
14 Fall of Empires: From the Fall of Rome to the Fall of Constantinople (VB)
15 Great Decisions 2020 (FP)
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Purpose Statement:

The Fielden Institute for Lifelong Learning at Indian River State College (IRSC) provides intellectually engaging and enriching classes to diverse communities of lifelong learners, with a focus on those 50 and over. It is an educational membership program for those who want to learn for the joy of it, connect with peers, enhance health and well-being and give back to the community.

2019–2020 External Advisory Committee

Thank you to all volunteers!

John Crisel
Dr. Jean Fielden
Laurel Gallivan
Linda Hirvonen
John Hosler
Mary Hurley
Susan Kelly
Dr. Susan Mathews
Elaine Morse
Dr. Robert J. Roy
Dr. Suzanne Smith
Melissa DePriest, Director, Fiedlen Institute
Ann L. Decker, Executive Director, IRSC Foundation

March 2020

2 Groundbreaking Songwriters (and Their Songs) That Transformed American Popular Music (FP)
3 Meditation and Mindfulness (FP)
3 Catch that Story! (VB)
4 The Electric Guitar (FP)
6 Pelican Island Wildlife Refuge Boat Tour (VB)
6 Foreign Film Series in Fort Pierce (FP)
12 Distinguished Lecture Series: “Deep Disruption: How Core Technologies are Changing Our World & Shaping Current Events”
23 Humanitarianism and Conflict (VB)
24 Finance and Film (S)
25 Tales from the Crypt: Historic Cemeteries as Outdoor Museums (PSL)
26 iPhone: Wallet and Apple Pay (VB)

April 2020

1 Vero Beach Museum of Art Tour (Field Trip) (VB)
2 Medicare 101: Help for Those New to Medicare (VB)
6 Archaeology in Popular Culture (VB)
7 Medicare 101: Help for Those New to Medicare (FP)
9 Distinguished Lecture Series: “A Year in Western Afghanistan—Discussing Diplomacy and Women’s Rights”
14 Life on the Mexican-American Border: Dispatches from the Border (VB)
15 Tales from the Crypt: Historic Cemeteries as Outdoor Museums (FP)
22 Gardening as Nature Intended (PSL)
23 Medicare 101: Help for Those New to Medicare (O)

May 2020

14 Florida Film Series Summer 2020 (FP)
Fielden Institute for Lifelong Learning IRSC presents
Southern Italy & Sicily
featuring Taormina, Matera, Alberobello and the Amalfi Coast
Departing October 17 – 28, 2020

Highlights...
Palermo ● Monreale ● Agrigento ● Valley of the Temples ● Giardini Naxos ● Taormina ● Catania ● Choice on Tour ● Mt. Etna Volcano ● Matera ● Alberobello ● Amalfi Coast ● Sorrento ● Pompeii

SPECIAL TRAVEL PRESENTATION
Date: Monday, November 18, 2019   Time: 10:00 AM
Fielden Institute for Lifelong Learning IRSC, 3209 Virginia Ave, FORT PIERCE, Florida, 34981-5541

12 Days ● 16 Meals: 10 Breakfasts ● 6 Dinners

BOOK NOW: Double $3,999; Single $4,499; Triple $3,949
Regular rates: Double $4,199 ; Single $4,699; Triple $4,149

* All Rates are Per Person and are subject to change

Included in Price:
- Round Trip Air from Orlando Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers

Not included in price:
- Cancellation Waiver and Insurance of $315 per person
- Upgrade your in-flight experience with Elite Airfare
  Additional rate of: Business Class $5,190
† Refer to the reservation form to choose your upgrade option

IMPORTANT CONDITIONS:
- Your price is subject to increase prior to the time you make full payment. Your price is not subject to increase after you make full payment, except for charges resulting from increases in government-imposed taxes or fees. Once deposited, you have 7 days to send us written consumer consent or withdraw consent and receive a full refund. (See registration form for consent.)

Day 1: Overnight Flight
The hidden treasures of Southern Italy and Sicily are yours to explore, for it is here that you’ll find breathtaking scenery, historic cities, centuries-old hilltop villages and wonderful cuisine.

Day 2: Palermo, Sicily - Tour Begins
Your tour opens in Palermo, the capital of Sicily. Tonight, join your fellow travelers for a welcome dinner featuring authentic Sicilian cuisine. Today dinner will be included.

Day 3: Palermo - Monreale - Palermo
Acquaint yourself with Palermo on a tour of its lovely squares - the Quattro Canti, Piazza Pretoria and Piazza Bellini - and discover an exotic mix of Moorish, Norman and Spanish Baroque architecture along the way. See the Palace of the Normans, La Martorana church, and the cathedral that houses the Imperial Crown of Constance of Aragon. In the nearby town of Monreale, visit a 12th-century cathedral with its dazzling interior of multicolored marbles, paintings, mosaics and cloisters. Enjoy the remainder of your day at leisure to peruse the city’s shops and museums, or simply take some time to relax. Today breakfast will be included.

Day 4: Palermo - Agrigento - Giardini Naxos
Travel over the countryside’s rolling hills, past peaceful farmland toward the town of Agrigento. Explore one of the most important archaeological sites in the world, the stunning Valley of the Temples (UNESCO), where

Book Now & Save $200 Per Person
you'll get an up-close view of the temples of Juno, Concordia, Hercules and Jupiter. Continue on to Giardini Naxos – the “garden of Sicily” – for your 3-night stay. **Today breakfast and dinner will be included.**

**Day 5: Giardini Naxos - Taormina - Giardini Naxos**

Set out for beautiful Taormina with its charming atmosphere, historic monuments and flowering gardens. Alongside an expert local guide, see Corso Umberto, view the bountiful public gardens and marvel at the city’s well-preserved Greek Theatre. Enjoy free time to relax or independently explore. **Today breakfast will be included.**

**Day 6: Giardini Naxos - Catania - Mt. Etna - Giardini Naxos**

Journey to vibrant Catania where it’s your choice! Join a local guide to visit the cathedral and view other iconic sights of this historic Baroque city (UNESCO); then witness the daily spectacle of bartering for fresh fish and produce at the local market -OR- explore the Museo dello Sbarco (Allied Landing Museum), an emotionally moving museum dedicated to the Allied troops who landed on the southern coast in 1943. Later, **gather to discover the impressive Mt. Etna Volcano National Park** where a local expert introduces you to the park’s spectacular landscapes sculpted by nature. Return to Giardini Naxos for the evening. **Today breakfast will be included.**

**Day 7: Giardini Naxos - Matera**

Venture to Messina for a short ferry ride to Villa San Giovanni on Italy’s mainland. Pass through the unspoiled, beautiful region of Calabria into the Basilicata region. Make a stop at one of the area’s local wineries where you’ll join an expert on a walk through the cellars and vineyards before sampling wines during a special tasting. Linger over regional cuisine at dinner in the winery’s own agriturismo restaurant. **Today breakfast and dinner will be included.**

**Day 8: Matera - Alberobello - Matera**

Explore the “Sassi di Matera,” an ancient settlement of carved cave dwellings. A local guide shares the history of the site and reasons why it has recently caught the eye of many film producers. Continue to a local shop for a chance to sample some regional produce. Enjoy free time in Matera to browse the boutiques or taste the local cuisine before heading to the mystical town of Alberobello. **Marvel at some of the town’s most uniquely built homes (UNESCO) known as trulli,** and their distinct, cone-shaped roofs. **Today breakfast and dinner will be included.**

**Day 9: Matera - Vietri Sul Mare - Sorrento Peninsula**

Stop in Vietri Sul Mare, the “gateway to the Amalfi Coast,” for time to explore independently. Here, generations of inhabitants have been producing precious majolicas, representing stories of their daily life. Remember to take a moment to admire the 17th century Church of St. John the Baptist with its beautiful ceramic dome. **Today breakfast and dinner will be included.**

**Day 10: Sorrento - Amalfi Coast Drive - Amalfi - Minori - Sorrento Peninsula**

Savor time this morning in the lovely seaside resort town of Sorrento. Then begin your adventure traversing the breathtaking Amalfi Coast. Stop in the charming town of Amalfi and spend time exploring its striking provincial beauty before heading to Minori. Use this opportunity to sample regional specialties at a family-owned limoncello factory. Later, sit down for a traditional Italian afternoon break at a local café and pastry shop. Enjoy an evening at leisure. **Today breakfast will be included.**

**Day 11: Sorrento Peninsula - Pompeii - Rome**

Drive along the Bay of Naples to the excavated ruins of Pompeii, nestled at the foothills of Mount Vesuvius. A local guide gives you an in-depth view of this remarkable archaeological site, where you’ll become immersed in history as you explore the preserved buildings of this 2,000-year-old Roman town. Later, travel to Rome to celebrate the end of your journey with a delightful farewell dinner. **Today breakfast and dinner will be included.**

**Day 12: Rome - Tour Ends**

Your tour comes to a close today. **Today breakfast will be included.**
MEMBERSHIP OPTIONS—Your support as a member of the Fielden Institute for Lifelong Learning is much appreciated. We have two membership options for you to choose from.

Annual Membership Fee (Separate from course fees)  $50

Lifetime Membership Fee (Includes a 25% discount on courses for your lifetime)  $500
  Lifetime Membership is tax deductible and is directed toward our Endowment Fund.

Non-Member Pricing  Varies by Offering

HOW TO REGISTER
Register by phone or online through our web registration system. Registrations are processed in the order they are received. Once you register, you will receive a confirmation at the physical address or email address you provided. Many of our members are seasonal residents, so we kindly ask that you provide us with both your seasonal and Florida contact information.

To register online, visit www.irscfoundation.org. Click on the “Lifelong Learning” tab.

To register by phone, call 772-462-7880. Office hours are Monday through Friday, 8:00 a.m. to 5:00 p.m.

Our offerings are small and fill quickly, so we recommend that you register as soon as possible to get your offering of choice. If an offering is already full, you can register to be on the waiting list. We occasionally receive cancellations, and you may be able to get into an offering at the last minute.

COURSE CANCELLATIONS
The Fielden Institute for Lifelong Learning will only conduct offerings for which a minimum number of students are registered. If we must cancel an offering, due to low registration or at the Peer Leader’s request, registered students will be given the opportunity to transfer to a different date or location for the same class (if applicable), or to another offering of equal value. A full refund will be given to students who do not wish to transfer their enrollment.

REGISTRATION CANCELLATION POLICY
You may cancel your registration for a full refund up to 48 business hours before the offering is scheduled to start. Any cancellations made less than 48 business hours prior to the first meeting will be refunded 80% of the registration fees. However, you may transfer your registration to a different offering within the 48 hour time period, without penalty. If you need to cancel or transfer an offering, call the Fielden Institute for Lifelong Learning main office at 772-462-7880, or send an email to lifelonglearning@irsc.edu.
2019–2020 DISTINGUISHED LECTURE SERIES ON CURRENT ISSUES

9:30–11:30 a.m., Mueller Campus, Vero Beach | 3:00–5:00 p.m., Chastain Campus, Stuart
The series is $150 for new and returning members. Lifetime members and peer leaders can subscribe for $100.

December 5, 2019: Tom J. Cunningham, Ph.D.
“The Economic Outlook and Its Risks”
Tom J. Cunningham, Ph.D., is Senior Vice President and the Chief Economist for the Metro Atlanta Chamber (MAC). He is a specialist in open-economy macroeconomic policy and regional analysis. During his lecture, Dr. Cunningham will present the economic outlook and its risks with a detailed discussion of the expected path of the economy, why that is the most likely outcome, what the foreseeable risks are to that outlook, and how to think about economic news in the context of the forecast. Forecasting is, at best, inexact. The intent is for the audience to come away with a better understanding of the interactions of the economy and to learn how to think about news that suggests a change to the most likely path.

January 9, 2020: Sarah L. Booth, Ph.D.
“A Healthy Diet: What Do We Know and What Is Just Hype!”
Is fat bad for you because it causes heart disease, or is it the carbohydrates in our diets that are bad for us? Should we buy organic foods for better health even though the prices are higher? Are you confused with all the food and nutrition information out there? You are not alone. Dr. Sarah Booth will discuss how nutrition advice offered to the public can sometimes border on the absurd and how best to navigate the information to achieve a healthy diet. Dr. Booth is the Director of the Jean Mayer USDA Human Nutrition Center on Aging (HNRC) at Tufts University, and Senior Scientist and Director of the Vitamin K Laboratory at the HNRC.

February 13, 2020: Patricia Numann, M.D.
“The Changing Face of Healthcare”
Medicare, employed physicians, huge healthcare systems, lack of primary care physicians and access to physicians, and the Affordable Care Act are just a few of the challenges people face trying to navigate our current healthcare system. During her lecture, Dr. Numann will discuss the structure of the healthcare system and explain how people can successfully navigate this complex system. You will learn how to research the credentials of your physician and access information about your problem, and learn what steps you can take to assure that your healthcare wishes are always carried out. You will learn about the role a healthcare proxy plays in your health and how to select one. Dr. Numann was educated at the University of Rochester and SUNY Upstate Medical University. She has held many roles in medical practice, education and administration within the healthcare sector.

March 12, 2020: Robin Burk, Ph.D.
“Deep Disruption: How Core Technologies Are Changing Our World & Shaping Current Events”
Behind today’s new products and services are a number of powerful technologies that reinforce one another. The result is massive disruption of industries, social structures and the post-World War II geopolitical institutions. From her days writing code in Silicon Valley, to her leadership in tech-based companies doing business globally, to her support for a brand new scientific discipline, Dr. Robin Burk has been on the cutting-edge of tech-driven change. She earned a Ph.D. Degree in Artificial Intelligence and Information Science, taught at West Point for over seven years after the attacks of 9/11 and served as a Chief Scientist at a major R&D organization addressing complex decisions for national security and commercial sectors.

April 9, 2020: Monique Quesada
“A Year in Western Afghanistan—Discussing Diplomacy and Women’s Rights”
Monique Quesada is the Diplomat in Residence (DIR) based in Miami at Florida International University and Miami Dade College. She has been a career Foreign Service Officer for the U.S. Department of State since 1988, serving in many countries including France, England, Morocco and Afghanistan. During Quesada’s assignment in Herat, Afghanistan, her mission was to establish a permanent civilian presence in Western Afghanistan by opening a new U.S. Consulate in the area. Her personal goal was to focus on women’s rights issues. This lecture will highlight these experiences, while also addressing obstacles and outcomes along the way.

To subscribe, contact the Fielden Institute for Lifelong Learning at 772-462-7880 or www.irscfoundation.org.
The Distinguished Lecture Series is presented in partnership by the Indian River State College Foundation and the Ray and Peg Hirvonen Charitable Foundation. Speakers and offerings are subject to change based on speaker availability.

IRSC is an EA/EO educational institution.
Mueller Campus – Vero Beach

Learn to Read Music
October 21, 28, November 4, 18, 25, December 2, 2019 (Mondays)
10:00–11:30 a.m.
Richardson Center, Computer Lab, Room C-104
Member: $70 | Non-Member: $95
Peer Leader: Neil Bernstein

Have you ever struggled with reading music in the back of the choir row? This six-session course introduces participants to the concepts used to read music for any instrument or voice. No experience needed. Beginners are welcome. Maximum of 24 participants.

All About Aging
October 23, November 6, 13, 20, 2019 (Wednesdays)
10:00–11:30 a.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $50 | Non-Member: $75
Peer Leader: Raphaele Wagner

Discover practical and holistic ways to age well—ways to age with less pain, more energy, more fun and enrichment. Participants will evaluate decisions and explore options for end of life choices and care.

October 23: Aging Holistically: Pain Management Alternatives
Learn alternative techniques and methods to use as you age to remain healthy and decrease pain. Options will all be non-pharmaceutical.

November 6: Aging Efficiently: Energy Conservation Techniques
Learn techniques to help you remain active without feeling tired.

November 13: Leisurely Aging: Leisure Exploration
Leisure exploration can enrich your retirement and this phase of your life. Explore options in person and online.

November 20: Aging Decisions: Are You Prepared?
Have you made your final decisions? Learn when, what and how to prepare for the end of life, and how to discuss the topic with family and friends.
Great Adaptations: Books into Films—Never Judge a Book by Its Film
October 24, November 14, December 12, 2019; January 16, February 20, March 13 (Friday), April 15, May 6, 2020 (Wednesdays)
1:00–4:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $125 | Non-Member: $150
Peer Leader: Dr. Jean Dickinson Fielden

One of the Institute’s most popular offerings, Great Adaptations has expanded from 20th-century novels to include film adaptations of nonfiction and biographical books. Enjoy reading a great book each month and then come together to discuss the book, view the film, and compare and contrast the book with the film. Selections include an eclectic variety of books—classical and contemporary—that illuminate interpersonal relationships to inspire stimulating discussion. All books are available for loan at local libraries or may be purchased online.

Maximum of 20 participants.

October 24: Secret of the Ron Mor Skerry by Rosalie K. Fry, 1957, 96 pp., movie 1994 The Secret of Roan Inish
November 13: Winter’s Bone by Daniel Woodrell, 2007, 224 pp., movie 2010 with Jennifer Lawrence, Sundance winner
December 11: Between a Rock and a Hard Place by Aron Ralston, 2004, 354 pp., movie 2011 127 Hours with James Franco
January 15: Like Water for Chocolate by Laura Esquivel, 1992, 256 pp., movie 1993 in Spanish
March 11: The Lost City of Z by David Grann, 2010, 400 pp., movie 2017
April 15: The Wife by Meg Wolitzer, 2018, 224 pp., movie 2018 with Glenn Close
May 6: Secret of the Ron Mor Skerry by Rosalie Fry, 1957, 96 pp., movie 1994 The Secret of Roan Inish

Bridge for Beginners
October 28, November 4, 18, 25, 2019 (Mondays)
1:30–3:30 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $50 | Non-Member: $75
Peer Leader: M.J. Malloy

Learn the basics of contract bridge using the American Contract Bridge League (ACBL) standards. Participants will gain an understanding of scoring, strategy and commonly used conventions, and have ample time to play. Each week explores a different aspect of the game and provides opportunity for practice, discussion and fun! Beginners and returning students who want to refresh their knowledge are welcome.

Minimum of 4 participants required; maximum of 16 participants.

www.irscfoundation.org | 772-462-7880 | 9
Meditation and Mindfulness
October 29, November 5, 12, 19, 2019 (Tuesdays)
10:00–11:30 a.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $45 | Non-Member: $70
Peer Leader: Katherine Geddes Lovkay

Meditation traditionally involves focusing on one specially chosen thought, word or sensation, allowing distractions to pass without getting involved in them. Mindfulness involves applying that meditative focus to whatever you’re doing at the moment. When living mindfully, you fully experience the moments of your life because you’re not preoccupied or lost in thought. This course provides an introduction to the basics and benefits of meditation as a focused practice, and mindfulness as a way to apply that focus in everyday living.

American Songs that Shaped Our History
October 29, 2019 (Tuesday)
2:00–3:30 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $25 | Non-Member: $50
Peer Leader: Bill Ingui

Throughout American history, certain events have had an impact on the music performed and listened to by the American public. This 90-minute session features vocal/guitarist Bill Ingui. Hear the story of America’s past and sing songs that represented the times. Several books have been written to bring these songs to the attention of those interested in history and music. Those who enjoy songs as the expression of our culture, experiences in war and the changing political landscape will want to read Tim McGraw and Jon Meacham’s Songs of America.

This class focuses on American history and music—most often political songs and features works such as “The Star-Spangled Banner,” “Born in the U.S.A.,” “Yankee Doodle Dandy,” “We Shall Overcome,” “Nearer, My God, to Thee,” “America the Beautiful,” “The Times They Are a-Changin” and “Dixieland.”

It’s Medicare Annual Election Time, Now What?
October 30, 2019 (Wednesday)
10:00–11:30 a.m.
Richardson Center, Strategic Planning Center, Room C-103
Complimentary for members and non-members. (Registration required.)
Peer Leader: Darlene Forage

The Medicare open-enrollment period can be a stressful time—plans change, new plans are introduced, and some plans become inactive. The Fielden Institute is pleased to partner with the Area Agency on Aging to bring this Florida SHINE program to our members. Medicare and insurance information shared is aimed at helping attendees make informed decisions and is presented from an unbiased point of view.

Spotlight: An Afternoon Exploring Italian Cuisine with the Culinary Institute at IRSC
November 7, 2019 (Thursday)
11:30 a.m.–2:30 p.m.
Richardson Center (Room will be confirmed upon registration.)
Complimentary for members only. (Registration required. Early registration limited to new participants.)
Peer Leader: Bill Solomon

Back by popular demand! Explore “back-of-the-house” operations at the Indian River State College Culinary Institute with Chef Bill Solomon. Chef Bill discuss preparation techniques, food history and more, as you help prepare the delectable Italian dishes on your luncheon menu. Then dine as a group al fresco on the veranda. Maximum of 20 participants.

Panel Discussion with the Florida Fossils
November 14, 2019 (Thursday)
10:00 a.m.–12:00 p.m.
Richardson Center, Auditorium
Member: $30 | Non-Member: $55
Peer Leaders: Stanford Erickson, Richard Kerr, David Hunter, Dr. Robert Edmister, Joseph Saul

Back by popular demand in an expanded format, hear the Florida Fossils discuss national and international current events. Panelists include a former Deputy Director of the CIA, a former U.S. State Department Foreign Service Officer, a former University Professor and Dean of Economics and Business, and a longtime attorney and political activist. Audience questions are encouraged following the panel discussion.

Moderator:
Stanford Erickson, former national newspaper editor-in-chief, author and playwright

Panelists:
Richard Kerr, former Deputy Director of CIA and author
David Hunter, former U.S. State Department Foreign Service Officer
Dr. Robert Edmister, former University Professor and Dean of Economics and Business
Joseph Saul, longtime attorney and local political activist
Who Was Laura (Riding) Jackson?
November 15, 2019 (Friday)
10:00 a.m.—12:00 p.m.
Richardson Center, Auditorium
Complimentary. (Registration required.)
Peer Leader: Elizabeth Friedmann

The Laura (Riding) Jackson House has recently been relocated to the IRSC Mueller Campus in Vero Beach. Join biographer Elizabeth Friedmann for a unique perspective of poet Laura (Riding) Jackson. Find out why this extraordinary and controversial writer has been called a witch, a megalomaniac, a home-breaker, "one of the most gifted women of the twentieth century" and "one of the most remarkable figures in modern American literature."

Historical Walking Tour of Downtown Vero Beach (Field Trip)
December 6, 2019 (Friday)
12:45–2:45 p.m.
Meet in front of the Indian River County Courthouse, 2000 16th Ave, Vero Beach, FL 32960
Member: $30 | Non-Member: $55
Peer Leader: Joan Edwards

Join us for a two-hour walking tour through downtown Vero Beach. Begin in front of the courthouse with a 20-minute introduction and timeline of the City's history. Then walk throughout downtown, stopping at the old buildings, including those on the Historic Registry. Participants will learn fun facts such as the changing of the County's name, the Cuba-American baseball team, the threat of the mosquito in our history, the WWII era and the City's personalities past and present.

Medical Ethics and Its Impact on Our Lives
January 10, February 14, March 27, April 10, 2020 (Fridays)
9:30 a.m.—12:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $60 | Non-Member: $85
Peer Leader: Dr. Susan Mathews

Ethics deals with the right choices of conduct considering all the circumstances. It deals with the distinction between what is considered right or wrong at a given time in a given culture. Medical ethics is concerned with the obligations of the doctors to the patient along with other health professionals and society. Changing trends in medicine affect this relationship. Serious life and death issues are raised over rights of patient, informed consent, confidentiality, competence, advance directives, negligence, and many others.

We will spend four mornings from January through April, using a combination of film and lectures to touch upon the challenging moral decisions our society has dealt with in the past and continues to face. Such areas as end of life care and choices, human research, the impact of gene editing and artificial intelligence on our lives and more will be explored.

Reminiscing as a Tool for Visiting Family and Friends with Dementia
January 10, 17, 2020 (Fridays)
1:30–3:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $40 | Non-Member: $65
Peer Leaders: Karen Bono, Jennifer Proper

Conversing with family members or friends with dementia can be a challenging, frustrating and overwhelming experience. During this two-part presentation, attendees will learn benefits of reminiscing and will be given guidelines and tools for achieving a successful visit with their loved one.

After observing demonstrations of how to assemble a "reminiscing visit" kit, attendees will create their own personalized kit to take home. They will also receive a packet of reference material for using reminiscing as an effective means to experience a pleasurable sense of reconnection with their loved ones with dementia.
Maximum of 15 participants.

Poetry Writing
January 14, 21, 28, February 4, 2020 (Tuesdays)
10:00 a.m.—12:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $45 | Non-Member: $70
Peer Leader: Jenifer Mina

Would you like to try your hand at writing poetry—an art that uses words as its tools? Writing poetry can teach observational and self-awareness skills. It is an excellent method for self-expression and a joyous and fulfilling experience. This series begins with an introduction to general poetry writing techniques and principles. In the next class, participants will write several poems at home and bring them to share and discuss. Each class will have a general writing assignment to follow for the next class. Classes are relaxed and encouraging. Come and create with us!
Maximum of 15 participants.
Fall of Empires: From the Fall of Rome to the Fall of Constantinople (476–1453)
January 14, 21, 28, February 4, 11, 18, 2020 (Tuesdays)
1:30–3:30 p.m.
Richardson Center, Auditorium
Member: $75 | Non-Member: $100
Peer Leader: Dr. Benjamin Taggie

Rome fell to Germanic invaders in 476, bringing the Roman Empire in the West to an end. However, the New Rome, Constantinople, survives for another 1000 years until conquered by the Ottoman Turks in 1453. Between these two monumental events, a new Empire—the Holy Roman Empire—was born on Christmas Day 800 in Rome when Pope Leo III crowned Charlemagne Holy Roman Emperor. The Empire existed until 1806 when it was dissolved by Napoleon. This course examines these quintessential events in the evolution of Western Civilization.

“The Holy Roman Empire is neither Holy, nor Roman, nor an Empire.”
—Voltaire

Panel Discussion with the Florida Fossils
January 16, 2020 (Thursday)
10:00 a.m.–12:00 p.m.
Richardson Center, Auditorium
Member: $30 | Non-Member: $55
Peer Leaders: Stanford Erickson, Richard Kerr, David Hunter, Dr. Robert Edmister, Dr. James Miskel

Back by popular demand in an expanded format, hear the Florida Fossils discuss national and international current events. Panelists include a former Deputy Director of the CIA, a former U.S. State Department Foreign Service Officer, a former University Professor and Dean of Economics and Business, and a former Associate Dean of U.S. Naval War College. Audience questions are encouraged following the panel discussion.

Moderator:
Stanford Erickson, former national newspaper editor-in-chief, author and playwright

Panelists:
Richard Kerr, former Deputy Director of CIA and author
David Hunter, former U.S. State Department Foreign Service Officer
Dr. Robert Edmister, former University Professor and Dean of Economics and Business
Dr. James Miskel, former Associate Dean of U.S. Naval War College

Connecting Hamilton to Hamilton to Broadway
January 22, 29, February 5, 2020 (Wednesdays)
10:00 a.m.–12:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $45 | Non-Member: $70
Peer Leader: Herb Hinkle

Explore many of the ideas behind the songs of the astonishing Broadway musical Hamilton in this three-part series. Ideas include executive authority, banking and revenue, the legislative process, conflicting views of violence, the abolition of slavery and how hard work and education transform people such as the immigrant “ten dollar Founding Father without a father” into great Americans. In addition to the music and lyrics of the play, the course will draw upon Ron Chernow’s best-selling biography and the writings of Hamilton himself.

iPhone Basics:
January 22 and 23, 2020 (Wednesday and Thursday)
1:00–3:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $30 | Non-Member: $55
Peer Leader: Barbee Kiker

Master the swipes, taps and general interface that allow you to navigate your iPhone. Learn how to close, delete and organize your apps. Discover what the status icons mean, how to access the Control Center and how to search for lost apps. Uncover the Notes app to learn about the keyboard, and find out how Siri can be your assistant. Participants must bring their iPhone to class. iPhone is an Apple product; this class is not for other smartphones. iPhones must be running the latest operating system (iOS 12.3.1); this will be confirmed with registered participants prior to the start of class.

Beginning Mah Jongg
January 27, February 3, 10, 17, 2020 (Mondays)
1:00–3:00 p.m.
Richardson Center, Computer Lab, Room C-104
Member: $50 | Non-Member: $75
Peer Leader: Patricia Blossom

Mah Jongg is a game of both skill and good fortune that originated in China many centuries ago. For decades, westerners have been delighting in the fun and challenge of the game. This four-week course provides players with the necessary basics to enjoy the game while having fun along the way. Minimum of 4 participants; Maximum of 12 participants.
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<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
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<th>Non-Member Fee</th>
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<th>Description</th>
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<tr>
<td>Tales from the Crypt: Historic Cemeteries as Outdoor Museums</td>
<td>January 29, 2020 (Wednesday)</td>
<td>2:00–3:30 p.m.</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$15</td>
<td>$40</td>
<td>Emily &quot;Emma&quot; Dietrich</td>
<td>This year’s Florida Public Archaeology Network (FPAN) presentation focuses on cemeteries as historical resources. As an abridged version of our Cemetery Resource Protection Training (CRPT) program, participants learn how archaeologists study historic cemeteries and how to protect them. They also learn about laws, conservation of headstone and markers, managing cemetery landscapes, and proper recording and cleaning techniques. This presentation is personalized to Indian River County, highlighting a local historic cemetery.</td>
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<td>Train Your Brain, Pamper your Heart, and Make Sense of Common Health Concerns</td>
<td>January 31, February 7, 14, 21, 2020</td>
<td>(Fridays)</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$60</td>
<td>$85</td>
<td>Dr. Michael Gallagher</td>
<td>Knowledge of brain health, interventional procedures, brain disease care and recovery from injury or stroke is a new medical frontier. Heart disease and its prevention have been at the forefront of medical research for many years, and with knowledge continually expanding, new concepts are emerging. The understanding and views of what constitutes wellness and disease prevention is changing rapidly. While breakthrough medical research continues to expand, new analyses of previously held beliefs are being verified or questioned. With over 2500 medical journals, countless media health reports and dramatic exaggerated medical commercialism, conflicting information is common. Diet, exercise, disease prevention and treatment recommendations often change and clarity for physicians and patients can be challenging. Delve into the latest on the noted health topics through interactive sessions where questions and discussion are encouraged. Format and topics will be flexible, and participants will have opportunity to suggest topics of interest.</td>
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<td>Computer Literacy</td>
<td>February 4, 11, 18, 25, 2020 (Tuesdays)</td>
<td>1:00–3:00 p.m.</td>
<td>Richardson Center, Computer Lab, Room C-104</td>
<td>$65</td>
<td>$90</td>
<td>Don Klein</td>
<td>The Pew Research Center, a nonprofit, nonpartisan and non-advocacy fact tank, and other research organizations publish information about where seniors stand on the ladder of technology literacy. This four-session course helps participants determine where they are on that ladder, assesses how they compare with other seniors, and examines the applications and computer tasks appropriate to individual needs for moving up the ladder. Participants will use IRSC computers to become familiar with the new Windows 10 May 2019 release and should feel comfortable using a computer. It is recommended that participants have prior computer knowledge/skills and a computer for practice. All in-class equipment is provided.</td>
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<td>Precision Medicine: The New Frontier</td>
<td>February 6, 2020 (Thursday)</td>
<td>10:00 a.m.–12:00 p.m.</td>
<td>Richardson Center, Auditorium</td>
<td>$30</td>
<td>$55</td>
<td>Dr. Cathy Rosenbaum</td>
<td>Precision medicine (née personalized medicine) is an evolving approach to patient care where doctors can choose tailored therapies that maximize medication efficacy and minimize medication safety risks based on the patient’s extrinsic factors, physiological changes and intrinsic factors, including genetic profile. This lecture describes the pharmacogenomic testing process, personalized medicine practice progress, pitfalls and politics (e.g., ethical, legal, social implications).</td>
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<td>iPhone: Podcasts</td>
<td>February 6, 2020 (Thursday)</td>
<td>1:00–3:00 p.m.</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$15</td>
<td>$40</td>
<td>Barbee Kiker</td>
<td>Need something to do while you’re waiting for an appointment or driving? Find and play free podcasts (similar to radio/TV) about subjects that interest you (e.g., science, news, politics, comedy, special subjects). Learn how to subscribe to your favorites. Participants must bring their iPhone to class. iPhone is an Apple product; this class is not for other smartphones. iPhones must be running the latest operating system (iOS 12.3.1); this will be confirmed with registered participants prior to the start of class.</td>
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<td><strong>Conversational Spanish with a Modern Twist</strong></td>
<td>February 11, 18, 25; March 3, 10, 24, 31, 2020</td>
<td>Tuesdays</td>
<td>10:00–12:00 p.m.</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$75</td>
<td>$100</td>
<td>Donna Green</td>
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<td><strong>Write, Record and Produce a Rock and Roll Song</strong></td>
<td>February 17, 24, March 2, 9, 2020</td>
<td>Mondays</td>
<td>1:00–2:30 p.m.</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$45</td>
<td>$70</td>
<td>Ned Schwartz, J.D., C.P.A.</td>
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<td><strong>Examining the Edges of Economics</strong></td>
<td>February 24, March 2, 9, 23, 2020</td>
<td>Mondays</td>
<td>9:30–11:00 a.m.</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$45</td>
<td>$70</td>
<td>Don Larson</td>
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<td><strong>iPhone: Photos and Camera Apps</strong></td>
<td>February 27, March 5, 2020 (Thursdays)</td>
<td>Thursdays</td>
<td>1:00–3:00 p.m.</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$30</td>
<td>$55</td>
<td>Barbee Kiker</td>
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<td><strong>Catch That Story!</strong></td>
<td>March 3, 10, 24, 31, 2020 (Tuesdays)</td>
<td>Tuesdays</td>
<td>1:00–3:00 p.m.</td>
<td>Richardson Center, Strategic Planning Center, Room C-103</td>
<td>$45</td>
<td>$70</td>
<td>Dr. Kathryn Den Houter</td>
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<td><strong>Pelican Island Wildlife Refuge Boat Tour</strong></td>
<td>March 6, 2020 (Friday)</td>
<td>Friday</td>
<td>3:30–5:30 p.m.</td>
<td>Environmental Learning Center, 255 Live Oak Drive, Vero Beach, FL 32963 (Wabasso)</td>
<td>$35</td>
<td>$35</td>
<td>Joan Edwards</td>
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Whether you are just beginning Spanish or you have studied the language, this series offers a logical approach where everything falls quickly into place. By combining active and participatory class activities along with textbook exercises and mobile app practice, participants will become comfortable with speaking, reading and writing Spanish in just a few weeks. The textbook is provided.

Would you like to experience what it might have been like to be John Lennon, Paul McCartney, George Harrison or George Martin when they partnered to write and produce some of the greatest songs in history? Participants will analyze the structure of the Beatles’ music and try to create a new song channeling the spirit of the Beatles using GarageBand.

If you like to write poetry/lyrics, play any instrument or are all thumbs when it comes to music and just enjoy the companionship of others who have a similar passion for the Beatles and their music, join us for this special experience.

The plagues of mankind through the ages have been the Four Horsemen of the Apocalypse—conquest, famine, death and war. Civilization has largely mitigated the impact of these scourges with the future promising further progress. Economic thought has evolved over time to the point where all of the social sciences play a part. The eternal problem of mankind and all political systems is how to balance economic efficiency, social justice and individual liberty. This series examines and discusses the broad ramifications of these issues.

Take better photos with your iPhone by utilizing more options such as new editing features. Learn techniques for organizing your photos into albums and easy ways to share your photos. Participants must bring their iPhone to class. iPhone is an Apple product; this class is not for other smartphones. iPhones must be running the latest operating system (iOS 12.3.1), and this will be confirmed with registered participants prior to the start of class.

Find the stories that are tucked away in your heart, and discover that it’s fun, worth the effort and that it enriches your legacy. This course guides participants through that journey by discussing: (1) the elements of story writing, (2) the art of journaling, (3) the use of multi-sensory descriptions and (4) the development of fascinating characters. Maximum of 8 participants.

This two-hour narrated boat tour by Joan Edwards features Pelican Island, the first Wildlife Refuge in America. Explore and discuss the ecology of the Indian River Lagoon. The tour departs from the Environmental Learning Center, and guests are asked to arrive 15 minutes early to complete a required waiver. Maximum of 16 participants.
Humanitarianism and Conflict
March 23, 30, 2020 (Mondays)
1:30–3:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $35 | Non-Member: $60
Peer Leader: Dr. James F. Miskel

For decades, governments around the world, the United Nations and numerous non-government organizations have been investing heavily in efforts to reduce starvation, disease, poverty, human rights abuses and other humanitarian problems. Very often these efforts take place in countries such as Afghanistan and Congo where there is war or domestic conflicts. Providing relief services in conflict zones is controversial because it puts humanitarian workers at risk of attack and creates at least the appearance that aid is being distributed in a way that favors one side over the other. This session examines how the overall international humanitarian system functions, how effective it has been, if it achieves the goals of major players like the United States government and if providing aid in conflict zones puts humanitarian organizations and workers in no-win situations.

Maximum of 20 participants.

iPhone: Wallet and Apple Pay
March 26, 2020 (Thursday)
1:00–3:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $15 | Non-Member: $40
Peer Leader: Barbee Kiker

Have you seen people flash their phone at a checkout counter? Learn how to store your reward cards, airline tickets and membership cards in the Wallet Application. Bring a few reward cards to class. Understand how Apple Pay works. Participants must bring their iPhone to class. iPhone is an Apple product; this class is not for other smartphones. iPhones must be running the latest operating system (iOS 12.3.1); this will be confirmed with registered participants prior to the start of class.

Vero Beach Museum of Art Tour (Field Trip)
April 1, 2020 (Wednesday)
1:00–2:00 p.m.
Vero Beach Museum of Art, 3001 Riverside Park Drive, Vero Beach, Florida 32963
Member: $20 | Non-Member: $20
Peer Leader: Joan Edwards

The Vero Beach Museum of Art is a world-class museum. Take a docent-led tour through the different permanent pieces, plus the special exhibit “From Homer to Hopper.” Your guide, Joan Edwards, has been a docent for 17 years. Tour departs promptly, so plan to arrive 15 minutes early.

Medicare 101: Help for Those New to Medicare
April 2, 2020 (Thursday)
10:00–11:30 a.m.
Richardson Center, Strategic Planning Center, Room C-103
Complimentary for members and their guests. (Registration required.)
Peer Leader: Darlene Forage

The Fielden Institute is pleased to partner with the Area Agency on Aging to bring Florida Shine programs to our members. This program is designed to assist those who are new to Medicare and covers topics that include Original Medicare, Medicare Advantage Plans, Medicare Prescription Drug Coverage, Medicare Supplement Insurance Policies and Medicare Prescription Drug Low-income Subsidy programs. All information shared is aimed at helping attendees make informed decisions and is presented from an unbiased point of view.

Archaeology in Popular Culture
April 6, 2020 (Monday)
2:00–3:30 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $25 | Non-Member: $50
Peer Leader: Dr. Kyle Freund

This presentation uses popular representations of archaeology in the media, film and television to critically evaluate public (mis)perceptions of the discipline. This includes examining the origins of certain stereotypes and tropes associated with archaeology and its practitioners as well as the political, religious, self-interested and sometimes even racist motivations behind various claims over archaeological heritage.

Life on the Mexican-American Border: Dispatches from the Border
April 14, 21, 28, 2020 (Tuesdays)
1:00–3:00 p.m.
Richardson Center, Strategic Planning Center, Room C-103
Member: $30 | Non-Member: $35
Peer Leader: Iris Madison

Given the unrelenting current political environment surrounding border security issues that dominate daily news, it is time to explore and review the realities and challenges that the border presents to American national security, international relations, U.S. economic stability and the individuals and families who attempt to cross the border. This course explores a multi-dimensional analysis of the region to address the question: Is building a wall the answer to anything?

Prior to this workshop, participants will be asked to read the book *The Line becomes a River* by Francisco Cantu (2018). The book is the basis for classroom discussion and experiential exercises. The author is a third-generation Mexican-American who spent four years working as a U.S. Border Control Agent to further understand life at the border for the individuals living there, for those attempting to cross the border illegally and for officials who work in enforcement of the laws. Maximum of 20 participants.
Beginning Mah Jongg
October 30, November 6, 13, 20, December 4, 11, 2019 (Wednesdays)
1:00–3:00 p.m.
Main Campus (Location will be confirmed upon registration.)
Member: $50 | Non-Member: $75
Peer Leader: Claire Quaglieri

Mah Jongg is a game of both skill and good fortune that originated in China many centuries ago. For decades, westerners have been delighting in the fun and challenge of the game. This six-week course provides players with the necessary basics to enjoy the game while having fun along the way. Minimum of 4 participants; Maximum of 8 participants.

It’s Medicare Annual Election Time, Now What?
October 31, 2019 (Thursday)
10:00–11:30 a.m.
Brown Center for Innovation and Entrepreneurship, Room Y-201
Complimentary for members and non-members. (Registration required.)
Peer Leader: Darlene Forage

The Medicare open-enrollment period can be a stressful time—plans change, new plans are introduced, and some plans become inactive. The Fielden Institute is pleased to partner with the Area Agency on Aging to bring this Florida SHINE program to our members. Medicare and insurance information shared is aimed at helping attendees make informed decisions and is presented from an unbiased point of view.
Star Trek: Science Fiction to Science?  
October 31, November 7, 14, 21, 2019  
(Thursdays)  
1:30–3:00 p.m.  
Brown Center for Innovation and  
Entrepreneurship, Room Y-122  
Member: $25 | Non-Member: $50  
Peer Leader: Ned Schwartz, J.D., C.P.A.  

This four-week course explores the forward-thinking science fiction of Star Trek and the plausibility of that fiction evolving into science reality given the latest scientific research. Investigate topics such as warp drive, time travel, subspace communication, transporter capability and more from various episodes.

Spotlight: Cold Case Investigations  
November 1, 2019 (Friday)  
11:30 a.m.–1:30 p.m.  
Treasure Coast Public Safety Complex,  
Vernon Smith Public Safety Education  
Building, EOC Lab, Room PS1-101  
Complimentary for members.  
(Registration required.)  
Peer Leader: Dr. Kimberlie Massnick  

This lecture provides a brief introduction to the Institute for Cold Case Investigation (ICCI) at Indian River State College. This applied-learning initiative partners senior-level criminal justice students with a Martin County Sheriff’s Office detective and Dr. Kimberlie Massnick to bring fresh perspective to unsolved cases and remind families that their loved ones have not been forgotten. Learn how a case is worked from beginning to end and discuss the skills students acquire through the experience as well as the potential for obtaining employment after completing this course. Lunch will be enjoyed with faculty after the lecture.  
Maximum of 20 participants.

Trauma and Tenacity in Vietnam: A Surgeon’s Story  
November 8, 2019 (Friday)  
10:00–11:30 a.m.  
Brown Center for Innovation and  
Entrepreneurship, Room Y-201  
Member: $15 | Non-Member: $40  
Peer Leader: Dr. Mary Jane Ingui  

In honor of Veterans Day, spend a morning hearing the compelling account of a young surgeon’s unique Vietnam War deployment. Dr. Mary Jane Ingui, author of the book titled Trauma and Tenacity in Vietnam: A Surgeon’s Story, shares the original and somewhat graphic photographs, personal interviews, tape recordings and letters that Dr. Sheldon Kushner, M.D., a retired Vero Beach gynecologist, sent to his family as a young 26-year-old surgeon deployed in Vinh Long, South Vietnam, from 1968 to 1969. Audience members are encouraged to ask questions and share personal experiences.  
Photo details can be seen at www.TraumaAndTenacityinVietnam.com.

Movie Mania—Using Psychological-Psychoanalysis as A Way to View Films  
November 12, December 10, 2019; January 14, February 11, March 10, 2020 (Tuesdays)  
1:00-4:00 p.m.  
Brown Center for Innovation and  
Entrepreneurship, Room Y-205  
Member: $25 | Non-Member: $50  
Peer Leader: Dr. Paul Trudeau  

This course leads participants on a psychological exploration of five popular films. Each session begins with an introduction to the psychological elements to look for and is followed by a screening of the film. Active group discussion utilizing prompted questions regarding psychological themes that exist within the film rounds out the session.  

November 12: The Door (2012) directed by Istvan Szabo, 98 minutes  
December 10: Secret Scripture (2016) directed by Jim Sheridan, 108 minutes  
January 14: Wild (2014) directed by Jean-Marc Vallee, 120 minutes  
February 11: Last Love (2013) directed by Sandra Nettelbeck, 111 minutes  

A Sense of Place  
November 13, December 11, 2019; January 8, February 12, March 11, 2020 (Wednesdays)  
10:00–11:30 a.m.  
Brown Center for Innovation and  
Entrepreneurship, Room Y-212  
Member: $45 | Non-Member: $70  
Peer Leader: Susan Kelly  

Enjoy reading a variety of books written “about” Florida and the real essence of what it means to live here.  
Maximum of 20 participants.

**Capital Punishment in Florida**

November 19, 2019 (Tuesday)
2:00–4:00 p.m.
Treasure Coast Public Safety Complex, Vernon Smith Public Safety Education Building, Courtroom, Room PS1-138
Member: $25 | Non-Member: $25
Peer Leader: Kate Bradford, J.D.

The State of Florida had a fairly stable capital punishment procedure until the Supreme Court decided Hurst v. Florida in January 2016. This session introduces the case and explore the current litigation surrounding this complicated legal process.

Maximum of 25 participants.

**Something for the Ages: Adult Authors Who Write for Young Adults**

November 20, December 18, 2019; January 15, February 19, March 25, 2020 (Wednesdays)
10:00–11:30 a.m.
Brown Center for Innovation and Entrepreneurship, Room Y-212
Member: $45 | Non-Member: $70
Peer Leader: Susan Kelly

This series is an introduction to the more popular adult of adult novels who also write mystery novels for young adults. Don’t be mislead—stories for young adults can be great reads.

Maximum of 20 participants.

**Panel Discussion with the Florida Fossils**

December 19, 2019 (Thursday)
10:00 a.m.–12:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-102
Member: $30 | Non-Member: $55
Peer Leaders: Stanford Erickson, Richard Kerr, David Hunter, Dr. Robert Edmister, Dr. James Miskel

Back by popular demand in an expanded format, hear the Florida Fossils discuss national and international current events. Panelists include a former Deputy Director of the CIA, a former U.S. State Department Foreign Service Officer, a former University Professor and Dean of Economics and Business, and a former Associate Dean of U.S. Naval War College. Audience questions are encouraged following the panel discussion.

Moderator:
Stanford Erickson, former national newspaper editor-in-chief, author and playwright

Panelists:
Richard Kerr, former Deputy Director of CIA and author
David Hunter, former U.S. State Department Foreign Service Officer
Dr. Robert Edmister, former University Professor and Dean of Economics and Business
Dr. James Miskel, former Associate Dean of U.S. Naval War College

**Social Security & Medicare—What Are the Issues, How Did We Get Here and How Long Will They Last?**

January 10, 17, 2020 (Fridays)
10:00 a.m.–12:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $25 | Non-Member: $50
Peer Leader: John C. Hosler

Review and discuss the facts about Social Security and Medicare from a non-political perspective. Explore options for continuing these programs, so they remain there for constituents into the future.

Topics: What Is the History of Both Programs? • How Has Funding Changed Over the Last Decade? • What Is the Difference Between Disability Social Security and Old Age Benefits? • Medicare & Social Security Trust Funds—How Do They Work and Where Are Funds Invested? • Has Congress Taken Funds from Both Trust Funds? • What About the Future—What Should Congress Be Doing? • What Are the Primary Issues? • What Are Some Fixes? • What Are the Chances of Something Getting Done?
Great Decisions 2020
January 15, 29, February 12, 26, March 11, 25, April 8, 22, 2020 (Wednesdays)
1:30–3:30 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-201
Member: $100 | Non-Member: $125
Peer Leaders: Alicemarie Donohue, David Kapell

The Foreign Policy Association’s Great Decisions program is America’s largest discussion program on world affairs. The program model involves reading the Great Decisions Briefing Book, watching the DVD and meeting in a Discussion Group to discuss the most critical global issues facing America today. Participants receive a student booklet prior to the first session. Active participation in this year’s discussion group requires reading up to 10 pages of content for each group meeting.

The eight topics will be released in October 2019 and shared with Fielden Institute members. One topic will be discussed per session. Maximum of 27 participants.

Connecting Hamilton to Hamilton to Broadway
January 22, 29, February 5, 2020 (Wednesdays)
1:30–3:30 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $45 | Non-Member: $70
Peer Leader: Herb Hinkle

Participants in this three-part series explore many of the ideas behind the songs of the astonishing Broadway musical Hamilton. Ideas include executive authority, banking and revenue, the legislative process, conflicting views of violence, the abolition of slavery and how hard work and education transform people such as the immigrant “ten dollar Founding Father without a father” into great Americans. In addition to the music and lyrics of the play, the course draws upon Ron Chernow’s best-selling biography and the writings of Hamilton himself.

Troubled Waters: The History of the St. Lucie River
January 23, February 6, March 5, 2020 (Thursdays)
1:00–2:30 p.m.
Main Campus (Location will be confirmed upon registration.)
Member: $45 | Non-Member: $45
Peer Leader: John Nelson

This three-part lecture series discusses the research behind Nelson’s film Troubled Waters: The History of the St. Lucie River and explores the history of the river from the 1880’s to the present. Hear about the early pioneers of the Treasure Coast and their efforts to open the river for commerce and public safety. Learn about the hurricane of 1928 and the local, state and federal governments’ efforts to dike and control Lake Okeechobee by draining excess water into the St. Lucie River. Discover the role of the environmental pioneers who forewarned of the environmental disaster that was destined to occur.

Community Spotlight: An Afternoon at the UDT-SEAL Museum (Field Trip)
January 24, 2020 (Friday)
1:00–3:00 p.m.
National Navy UDT-SEAL Museum, 3300 N. Hwy. A1A, Fort Pierce, FL 34949
Member: $25 | Non-Member: $50
Peer Leader: Tom Juliano

The Fielden Institute for Lifelong Learning is pleased to partner with the National Navy UDT-SEAL Museum in Fort Pierce and invites members to spend an afternoon exploring the unique history of the Navy Seals. This experience provides an inside look at the challenging training requirements of the SEALs and introduces participants to many unique facts about these elite units throughout history. A special canine demonstration tops off this experience. Participants may also take a self-guided tour through the museum.

iPhone Basics
January 30 and 31, 2020 (Thursday and Friday)
1:00–3:00 p.m.
Main Campus (Location will be confirmed upon registration.)
Member: $30 | Non-Member: $55
Peer Leader: Barbee Kiker

Master the swipes, taps and general interface that allow you to navigate your iPhone. Learn how to close, delete and organize your apps. Discover what the status icons mean, how to access the Control Center and how to search for lost apps. Uncover the Notes app to learn about the keyboard, and find out how Siri can be your assistant. Participants must bring their iPhone to class. iPhone is an Apple product; this class is not for other smartphones. iPhones must be running the latest operating system (iOS 12.3.1); this will be confirmed with registered participants prior to the start of class.

Understanding the Coming Confrontation with Iran
February 3, 10, 2020 (Mondays)
2:00–4:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $35 | Non-Member: $60
Peer Leader: Dr. Alexander Shelby

This course explores the history of Iranian-American relations in the 20th and 21st centuries. It focuses more on the current situation with Iran.
“Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young.”

Henry Ford
“Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young.”

- Henry Ford
Socialism Versus Capitalism: A Modern Look
February 11, 2020 (Tuesday)
2:00–4:00 p.m.
B-Building, Room 120
Member: $25 | Non-Member: $50
Peer Leader: Dr. Herbert Ricardo

Many in the United States associate the word *socialism* with a negative connotation based on the “Cold War” era. Capitalism continues to determine how Americans look at themselves as a productive economic engine. This conversation explores if there is room in the United States today to entertain the idea of moving our social cultural economic position slightly more to the left and if that could help the U.S. be more competitive in the 21st century.

Electricity Wars: Tesla, Edison, Westinghouse and Marconi
February 12, 2020 (Wednesday)
10:30 a.m.–12:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $25 | Non-Member: $50
Peer Leader: Dr. Stephen Kowel

Toward the end of the 19th century, a fierce battle was waged to control the development of a mysterious new technology, electricity. The War of the Currents was a personal, political, legal, financial and technical battle waged by some of the most fascinating people of the era to control electrical energy. Just as that battle was resolving, its combatants joined the struggle to own radio, another electrical technology that would give rise to television, computing and the Internet. The entrepreneurial environment of 1900 was profoundly different than that of today. This class considers how invention created the American technological revolution and the crucial role it continues to play.

Topics: What Is Electricity? • How Did Alternating Current (AC) Vanquish Direct Current (DC)? • How Did the Chicago Exposition and The Niagara Power Station Project End the War of the Currents and Create an Industrial Revolution? • Who Really Invented Radio?

Panel Discussion with the Florida Fossils
February 20, 2020 (Thursday)
10:00 a.m.–12:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-102
Member: $30 | Non-Member: $55
Peer Leaders: Stanford Erickson, Richard Kerr, Dr. Robert Edmister, Joseph Saul, Paul Janensch

Back by popular demand in an expanded format, hear the Florida Fossils discuss national and international current events. Panelists include a former Deputy Director of the CIA, a former University Professor and Dean of Economics and Business, a longtime attorney and political activist, and former top editor of newspapers and Professor of Journalism. Audience questions are encouraged following the panel discussion.

Moderator:
Stanford Erickson, former national newspaper editor-in-chief, author and playwright

Panelists:
Richard Kerr, former Deputy Director of the CIA and author
Robert Edmister, former University Professor and Dean of Economics and Business
Joseph Saul, longtime attorney and political activist
Paul Janensch, former top editor of newspapers and Professor of Journalism

Community Spotlight: Historic Downtown Fort Pierce Trolley Tour
February 21, 2020 (Friday)
10:00–11:30 a.m.
Downtown Fort Pierce (Meeting location confirmed upon registration.)
Member: $20 | Non-Member: $45
Peer Leader: Joanne Blandford

The Fielden Institute is proud to partner with Main Street Fort Pierce to offer members an opportunity to explore the history of Fort Pierce, one of the oldest cities on the east coast of Florida. Participants can expect an enjoyable ride on the City’s historic downtown trolley as they embark on a private tour—created exclusively for the Institute—that celebrates the City’s birthday.

Maximum of 25 participants.
Cyber Insecurity: Attack by Internet
February 26, 2020 (Wednesday)
10:30 a.m.—12:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $25 | Non-Member: $50
Peer Leader: Dr. Stephen Kowel
Cyber warfare poses an existential threat. It attacks our privacy, our finances, our security and our democracy, and it is already changing how we behave in almost every aspect of daily activity. Individuals must protect themselves against identity theft and invasion of privacy. Corporations must contend with theft of intellectual property and network hacking. The nation risks compromise of telecommunications and critical civilian and military infrastructure. The world suffers the effects of fake news that evokes resentment and hatred. Typically cyber warfare gives no warning, and its victims often don’t even realize what damage has been done or how to respond. Attacks can come from anywhere, lurking in any electronic system. How is this happening? What can be done about it? How can one fight back? This lecture discusses the current extent of hacking and the options for defensive and offensive measures.

Topics: What Is a Cyber Attack? • What Attacks Have We Already Seen and How Did We Cope? • What Defensive Strategy Do Individuals Need? • What Offensive and Defensive Strategy Does Our Country Need?

Groundbreaking Songwriters (and Their Songs) That Transformed American Popular Music
March 2, 9, 2020 (Mondays)
1:00–3:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $35 | Non-Member: $60
Peer Leader: Ellis Bromberg
In this new two-session class, Ellis Bromberg, host of Music & Lyrics on WQCS, identifies a dozen groundbreaking songs that shaped American popular music in the 20th century, including works by Jerome Kern, Irving Berlin, Richard Rodgers, George Gershwin, Harold Arlen, Cole Porter and other great songwriters. For the second session, participants will meet at WQCS studios, on the IRSC Main Campus in Fort Pierce, for a tour of the Treasure Coast’s NPR station.

Meditation and Mindfulness
March 3, 10, 24, 31, 2020 (Tuesdays)
10:00–11:30 a.m.
Brown Center for Innovation and Entrepreneurship, Room Y-212
Member: $45 | Non-Member: $70
Peer Leader: Katherine Geddes Lovkay
Meditation traditionally involves focusing on one specially chosen thought, word or sensation, allowing distractions to pass without getting involved in them. Mindfulness involves applying that meditative focus to whatever you’re doing at the moment. When living mindfully, you fully experience the moments of your life because you’re not preoccupied or lost in thought. This course provides an introduction to the basics and benefits of meditation as a focused practice, and mindfulness as a way to apply that focus in everyday living.

The Electric Guitar
March 4, 11, 2020 (Wednesdays)
1:00–3:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $35 | Non-Member: $60
Peer Leader: Keith Lyons
For almost 70 years and through several generations, the electric guitar has been an icon of the music world, from Big Band/Swing music and Jazz in the 1940’s to the Blues, Rock-a-Billy, early Rock and Roll and Country of the 1950’s. In the heyday of Rock and Roll from the 1960’s into the 1980’s, the ubiquitous electric guitar dominated the music scene and that legacy continues to this day. We all know the instrument, but how many know how it actually works? What makes one guitar different from another? Why did Jimi Hendrix choose the Fender Stratocaster, while Jimmy Page chose the Gibson Les Paul? Explore this iconic instrument from its history to how it functions to how it is made.
Foreign Film Series
March 6, 13, 27, April 3, 2020 (Fridays)
Films begin at 1:00 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-102
Complimentary for members.
(Registration required.)
Peer Leaders: Alicemarie Donohue, David Kapell
Films featured in this year's foreign film series center around life's human dilemmas and involve the interplay between actions and conscience. These four films have been either nominated for, or earned, a 21st-century Academy Award.
Maximum of 30 participants.

March 6: The Counterfeiters (Austria, 2007, winner of Best Foreign Language Film, 2008) directed by Stefan Ruzowitzky, 99 minutes
March 13: Tsotsi (South Africa, 2005, winner 2005) directed by Gavin Hood, 94 minutes
March 27: Katyn (Poland, 2007, nominated 2008) directed by Andrzej Wajda, 121 minutes

Medicare 101: Help for Those New to Medicare
April 7, 2020 (Tuesday)
10:00–11:30 a.m.
Brown Center for Innovation and Entrepreneurship, Room Y-201
Complimentary for members and non-members. (Registration required.)
Peer Leader: Darlene Forage
The Fielden Institute is pleased to partner with the Area Agency on Aging to bring Florida Shine programs to our members. This program is designed to assist those who are new to Medicare and covers topics that include Original Medicare, Medicare Advantage Plans, Medicare Prescription Drug Coverage, Medicare Supplement Insurance Policies, and Medicare Prescription Drug Low-income Subsidy programs. All information shared is aimed at helping attendees make informed decisions and is presented from an unbiased point of view.

Tales from the Crypt: Historic Cemeteries as Outdoor Museums
April 15, 2020 (Wednesday)
2:00–3:30 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $15 | Non-Member: $40
Peer Leader: Emily “Emma” Dietrich
This year’s Florida Public Archaeology Network (FPAN) presentation focuses on cemeteries as historical resources. As an abridged version of our Cemetery Resource Protection Training (CRPT) program, participants learn how archaeologists study historic cemeteries and how to protect them. They also learn about laws, conservation of headstone and markers, managing cemetery landscapes, and proper recording and cleaning techniques. This presentation is personalized to St. Lucie County, highlighting a local historic cemetery.

Florida Film Series Summer 2020
May 14, 21, 28, June 4, 11, 18, 2020 (Thursdays)
Films will start at 1:30 p.m.
Brown Center for Innovation and Entrepreneurship, Room Y-205
Member: $25 | Non-Member: $25
Peer Leaders: Kendra Auberry, Alexis Carlson, Sara Johnson, Angie Neely-Sardon, Mia Tignor, Brett Williams
Join the Librarians of IRSC for a unique film series featuring several films set in locations throughout Florida. Watch and discuss the following films:

May 14: Christine (2016) directed by Antonio Campos, 119 minutes
May 21: The Florida Project (2017) directed by Sean Baker, 111 minutes
May 28: Moonlight (2016) directed by Barry Jenkins, 111 minutes
June 4: Hoot (2006) directed by Wil Shriner, 91 minutes
June 11: Key Largo (1948) directed by John Huston, 100 minutes
June 18: Monster (2003) directed by Patty Jenkins, 109 minutes
In celebration of United Nations Day (10/24/19), this lecture focuses on the role of partnership in governments/business in maintaining peace, justice and strong institutions, globally. The 17 Sustainable Development Goals (SDG’s) established by the United Nations serve as global benchmarks in the eradication of poverty and protection of the planet, and to ensure that all people enjoy peace and prosperity. This lecture focuses simultaneously on goals 16 and 17 of the SDGs: Peace, Justice and Strong Institutions, along with Partnerships for Government: highlighting the role of cooperation via partnership in maintaining governmental security and stability within.

Currently, civilization and countries are experiencing threats to their foundational structures and institutions, as compounded by simultaneous political, economic and social destabilization. The undermining of peace, justice and strong institutions, affects a country’s capacity to carry out rules of law, engage in diplomacy vs. war, and to provide fair and equal justice for all. Examine the role of government agreements, such as treaties and other forms of partnering, that occur within and between countries.

The Medicare open-enrollment period can be a stressful time—plans change, new plans are introduced, and some plans become inactive. The Fielden Institute is pleased to partner with the Area Agency on Aging to bring this Florida SHINE program to our members. Medicare and insurance information shared is aimed at helping attendees make informed decisions and is presented from an unbiased point of view.

The Fielden Institute is pleased to partner with the Seniors vs Crime program to bring this informative presentation to our members. The Seniors vs Crime program was established in 1989 as part of a task force created by the Florida Attorney General’s Office dealing with senior citizen crime victimization. To date, this program has recovered over $30 million dollars for seniors who have been victimized. The program operates 38 offices throughout the state of Florida with local offices in Port St. Lucie and Okeechobee, and their services are free. This session introduces participants to what services are available, and how to utilize them.

Partnerships: Pivotal to Peace, Justice and Strong Institutions (Goals 16 & 17 of the UNSDG's)
October 24, 2019 (Thursday)
1:30–3:30 p.m.
Schreiber Conference Center, Room D-111
Member: $15 | Non-Member: $40
Peer Leader: Mel Bromberg, MCPH

It's Medicare Annual Election Time, Now What?
November 6, 2019 (Wednesday)
10:00—11:30 a.m.
Schreiber Conference Center, Strategic Planning Center, Room D-111
Complimentary for members and non-members. (Registration required.)
Peer Leader: Darlene Forage

Seniors vs Crime
December 9, 2019 (Monday)
2:00–3:00 p.m.
Schreiber Conference Center, Room D-111
Complimentary for members. (Registration required.)
Peer Leader: Martin Jacobson
**Stem Cells: What You Need To Know and Why It Is Important!**
January 13, 2020 (Monday)
2:00–3:30 p.m.
Schreiber Conference Center, Strategic Planning Center, Room D-111
Member: $25 | Non-Member: $25
Peer Leader: Dr. Grace Centola

With a quickly growing consumer industry, it is important to understand what stem cells are, where they come from, and how and when they can be helpful as therapy solutions. This presentation provides participants with a general introduction to the basics of stem cells, and then dives into a discussion on what stem cells can and cannot do, and the ethics of their use.

**Food for Thought**
January 21, 28, February 4, 11, 2020
(Tuesdays)
1:30–3:00 p.m.
Schreiber Conference Center, Strategic Planning Center, Room D-111
Member: $40 | Non-Member: $65
Peer Leader: Dr. Harry Banks

Back for another exciting season, Food For Thought is an active discussion group that aims to tackle complex questions from varying philosophical perspectives. Based on the Socrates Café Model, people from varying backgrounds gather to discuss their philosophical viewpoints of the questions based on their own unique experiences. These non-confrontational sessions are moderator-led, and questions are generated from participants. Maximum of 20 participants.

**Tales from the Crypt: Historic Cemeteries as Outdoor Museums**
March 25, 2020 (Wednesday)
2:00–3:30 p.m.
Schreiber Conference Center, Strategic Planning Center, Room D-111
Member: $15 | Non-Member: $40
Peer Leader: Emily “Emma” Dietrich

This year’s Florida Public Archaeology Network (FPAN) presentation focuses on cemeteries as historical resources. As an abridged version of our Cemetery Resource Protection Training (CRPT) program, participants learn how archaeologists study historic cemeteries and how to protect them. They also learn about laws, conservation of headstone and markers, managing cemetery landscapes, and proper recording and cleaning techniques. This presentation is personalized to St. Lucie County, highlighting a local historic cemetery.

**Gardening as Nature Intended**
April 22, 2020 (Wednesday)
10:00 a.m.–12:00 p.m.
Schreiber Conference Center, Strategic Planning Center, Room D-111
Member: $25 | Non-Member: $50
Peer Leader: Diane Goldberg

In celebration of Earth Day 2020, this course introduces the idea of gardening to support birds, butterflies and other pollinators using native plants. The information helps gardeners learn to help our waterways and reduce climate charge while enjoying a colorful and wildlife-friendly garden.
It's Medicare Annual Election Time, Now What?
November 7, 2019 (Thursday)
10:00–11:30 a.m.
Wolf High-Technology Center, Room C-102
Complimentary for members and non-members.
(Registration required.)
Peer Leader: Darlene Forage

The Medicare open-enrollment period can be a stressful time—plans change, new plans are introduced, and some plans become inactive. The Fielden Institute is pleased to partner with the Area Agency on Aging to bring this Florida SHINE program to our members. Medicare and insurance information shared is aimed at helping attendees make informed decisions and is presented from an unbiased point of view.

Tales from the Crypt: Historic Cemeteries as Outdoor Museums
December 4, 2019 (Wednesday)
2:00–3:30 p.m.
Wolf High-Technology Center, Room C-102
Member: $15 | Non-Member: $40
Peer Leader: Emily “Emma” Dietrich

This year’s Florida Public Archaeology Network (FPAN) presentation focuses on cemeteries as historical resources. As an abridged version of our Cemetery Resource Protection Training (CRPT) program, participants learn how archaeologists study historic cemeteries and how to protect them. They also learn about laws, conservation of headstone and markers, managing cemetery landscapes, and proper recording and cleaning techniques. This presentation is personalized to Martin County, highlighting a local historic cemetery.

What Motivates an Individual to Pursue Learning?
January 13, 27, 2020 (Mondays)
10:00–11:30 a.m.
Wolf High-Technology Center, Room C-102
Member: $30 | Non-Member: $55
Peer Leaders: Dr. Evelyn Catacchio, Sarah Way

There are many factors that influence an individual’s desire to learn. Sometimes the factors can be external, such as friends, family and the environment. Factors can be internal, including ability, sense of well-being and hope. This class investigates these factors through the lens of two books, Reading with Patrick by Michelle Kuo and Educated by Tara Westover. Participants are encouraged to read both books. Maximum of 25 participants.

Foreign Film Series
January 17, 24, 31, February 7, 2020 (Fridays)
Films begin at 1:00 p.m.
Wolf High-Technology Center, Room C-125
Complimentary for members.
(Registration required.)
Peer Leaders: Alicemarie Donohue, David Kapell

Films featured in this year’s foreign film series showcase the journey of individuals who are navigating through times that truly test their humanity. These four films have either been nominated for, or have earned, a 21st-century Academy Award. Maximum of 24 participants.

January 17: Tangerines (Estonia, 2013, nominated 2014) directed by Zaza Urushadz, 87 minutes
January 24: The Man Without a Past (Finland, 2002, nominated 2002) directed by Aki Kaurismaki, 97 minutes
January 31: The Insult (Lebanon, 2017, nominated 2017) directed by Ziad Doueiri, 112 minutes
February 7: A Man Called Ove (Sweden, 2016, nominated 2016) directed by Hannes Holm, 116 minutes

The History of Healthcare
February 7, 2020 (Friday)
10:00 a.m.–11:30 a.m.
Wolf Conference Center, Room C-102
Member: $20 | Non-Member: $45
Peer Leader: Dr. Jim Fogel

At times it may seem that healthcare has become a hodgepodge of confusing regulations, medical miracles and outright fraud. One way to gain perspective on the situation is to look at the history of health and healing, from prehistoric shamans to genomic medicine. This presentation leaves participants with greater insight on the complicated system.

Finance and Film
March 24, 31, April 7, 14, 2020 (Tuesdays)
Films begin at 1:00 p.m.
Wolf High-Technology Center, Room C-125
Member: $25 | Non-Member: $25
Peer Leader: Douglas Marcello

This course leads participants to explore financial markets and their not so rational actors through a series of films. Each session screens the movie and follows with an active group discussion. Take a look at the historical events that these movies are based upon. Maximum of 24 participants.

March 24: Wall Street (1987) directed by Oliver Stone, 126 minutes
March 31: Rogue Trader (1999) directed by James Dearden, 101 minutes
April 7: Barbarians at the Gate (1993) directed by Glenn Jordan, 107 minutes
April 14: The Big Short (2015) directed by Adam McKay, 130 minutes
It’s Medicare Annual Election Time, Now What?
November 8, 2019 (Friday)
10:00–11:30 a.m.
Williamson Center, Auditorium
Complimentary for members and non-members. (Registration required.)
Peer Leader: Darlene Forage

The Medicare open-enrollment period can be a stressful time—plans change, new plans are introduced, and some plans become inactive. The Fielden Institute is pleased to partner with the Area Agency on Aging to bring this Florida SHINE program to our members. Medicare and insurance information shared is aimed at helping attendees make informed decisions and is presented from an unbiased point of view.

Book Buddies: Florida Through the Eyes of Patrick D. Smith
January 23, February 27, March 26, April 23, May 14, 2020 (Thursdays)
10:00–11:30 a.m.
Williamson Center, Auditorium
Complimentary for members. (Registration required.)
Hosted by the Fielden Institute

Patrick D. Smith is most well-known for his Florida favorite, A Land Remembered. He is a three-time nominee for the Pulitzer Prize for some of his other works. This book group explores five of Patrick’s novels, four of which are set in Florida, and discusses the historical themes and hidden truths present in each story.

March 26: Angel City, 1978, 190 pp.

Community Spotlight: Historical Bus Tour of Okeechobee
January 28, 2020 (Tuesday)
10:00–11:30 a.m.
Okeechobee Historical Society Museum, 1850 U.S. Hwy. 98 N., Okeechobee, FL 34972
Member: $25 | Non-Member: $25
Peer Leaders: Magi Cable and Dowling Watford

The Okeechobee Historical Society presents a 90-minute historic tour of Okeechobee. Learn about the original settlers of the area, the impact of the Florida East Coast Railway (FEC) train and the early days of Okeechobee’s founding. During the 45-minute bus portion of the tour, participants receive a photo booklet of historic sites that they will be passing. The bus is air-conditioned, and participants only disembark the bus once at the Raulerson Log Cabin and Historical Society museum. Experience a guided tour through both the main museum building and the 1909 Tantie Schoolhouse. The museum portion of the tour also lasts approximately 45 minutes. Maximum of 30 participants.
This year’s Florida Public Archaeology Network (FPAN) presentation focuses on cemeteries as historical resources. As an abridged version of our Cemetery Resource Protection Training (CRPT) program, participants learn how archaeologists study historic cemeteries and how to protect them. They also learn about laws, conservation of headstone and markers, managing cemetery landscapes, and proper recording and cleaning techniques. This presentation is personalized to Okeechobee County, highlighting a local historic cemetery.

Tales from the Crypt: Historic Cemeteries as Outdoor Museums
February 12, 2020 (Wednesday)
2:00–3:30 p.m.
Williamson Center, Auditorium
Member: $15 | Non-Member: $40
Peer Leader: Emily “Emma” Dietrich

Seniors vs Crime
February 27, 2020 (Thursday)
2:00–3:00 p.m.
Williamson Center, Auditorium
(Registration required.)
Peer Leader: Martin Jacobson

Medicare 101: Help for Those New to Medicare
April 23, 2020 (Thursday)
1:00–2:30 p.m.
Williamson Center, Auditorium
Complimentary for members and their guests. (Registration required.)
Peer Leader: Darlene Forage

The Fielden Institute is pleased to partner with the Seniors vs Crime program to bring this informative presentation to our members. The Seniors vs Crime program was established in 1989 as part of a task force created by the Florida Attorney General’s Office dealing with senior citizen crime victimization. To date, this program has recovered over $30 million dollars for seniors who have been victimized. The program operates 38 offices throughout the state of Florida with local offices in Port St. Lucie and Okeechobee, and their services are free. This session introduces participants to what services are available, and how to utilize them.

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“WHEN I GROW UP, I WANT TO BE A NURSE.”
- MILDRED DANIELS

MILDRED DIED IN 2003. THIS YEAR, SHE’S SENDING 20 STUDENTS TO NURSING SCHOOL IN HER PLACE.

Sadly, Millie wasn’t able to afford college and never realized her dream. But that didn’t stop her from helping others who shared that dream to overcome financial obstacles and become nurses. Thanks to a trust established in her memory, the Mildred E. Daniels Endowed Scholarship has helped 316 students become nursing professionals.

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Kendra Auberry
Kendra Auberry is the STEM Librarian at the IRSC Pruitt Campus where she helps students locate quality resources. Kendra teaches research skills through instructional sessions and the LIS 1002 Electronic Access to Information course. She earned a Bachelor’s Degree in Horticulture from Purdue University and a Master’s Degree in Library Science from Indiana University.

Dr. Harry Banks
Dr. Harry Banks, a retired Maryland teacher, helped create and lead adult discussion groups such as Socrates Cafe, Food For Thought and Topical Seminars in public libraries in the Delaware area. He earned his B.S. and M.A. degrees from the University of Maryland and his Ph.D. Degree from The Catholic University of America, located in Washington, D.C.

Neil Bernstein
Neil Bernstein is a retired music educator from New York. Since 1975, he has been teaching students of all ages—from kindergarten to mature adult learners—how to read music.

Joanne Blandford
Joanne Blandford was born in Fort Pierce and represents the fourth generation of her family to live in the area. Joanne edits the Main Street Focus, the official monthly newspaper of Main Street Fort Pierce, Inc. and volunteers as a guide for Main Street's historic trolley tours of downtown Fort Pierce. She earned her A.A. Degree from Indian River State College and a B.S. Degree in Business Administration with a specialization in Accounting from the University of Central Florida.

Patricia Blossom
After retiring from full-time teaching in Chicago and Ohio, Patricia Blossom became an Adjunct Professor at Indian River State College where she taught classes and tutored English and Reading in the Academic Support Center for twenty-five years. About fifteen years ago, a co-worker introduced Patricia to Mah Jongg, and she has been hooked ever since.

Karen Bono
Karen Bono is a retired gerontologist with over 25 years of experience in the aging field. Karen has taught various gerontology classes as an Adjunct Professor for a St. Louis, Missouri, university. In her role as administrator of the Age Smart Age Well Program for St. Louis County, she has conducted numerous community presentations on health and wellness issues facing older adults. As owner of Life Memories Renewed, Karen developed and delivered reminiscing programs for senior groups and residents of retirement communities and conducted training sessions in reminiscing for professionals in the long-term care industry. She earned her B.A. Degree in English Education, M.A Degree in Business Human Relations and M.S. Degree in Gerontology.

Kate Bradford
Kate Bradford is an Assistant Professor of criminal justice at Indian River State College. Kate loves the opportunity Indian River State College has given her to learn from and engage with her students. Before starting in this position five years ago, she was a practicing attorney specializing in the areas of criminal defense, juvenile delinquency and dependency. Kate lives in Stuart with her husband, David, who also served as a peer leader, and their three children, Ruby, 7, Olivia, 4, and Beau, who just turned 2. She earned her J.D. Degree from Stetson University.
Ellis Bromberg
Ellis Bromberg is the host of WQCS radio’s “Music & Lyrics,” a series about the great songwriters of Broadway, Hollywood and the American songbook. An award-winning broadcasting veteran, Ellis has spent 43 years in management, news reporting, production and consulting positions at TV and radio stations in Wisconsin, Illinois, New York and Florida, including 15 years as General Manager of Milwaukee Public Television. He has served as executive producer of many classical, jazz and popular music programs for local and national television, and is the former Dean of Media and Creative Arts at Milwaukee Area Technical College. Ellis earned an M.A. Degree in Journalism from The Ohio State University and a B.A. Degree from State University of New York at Binghamton.

Mel Bromberg
Mel Bromberg has worked as a university professor, author, international speaker, expert scientific evaluator, translational research project leader and manager, consultant and entrepreneur. Mel’s experience includes positions as Water Team Leader for the United Nations Commission on Sustainable Development’s Education Caucus, U.S.D.A. Extension Specialist for Water and Agriculture, and National Institute of Environmental Health Sciences Marine and Freshwater Educational Grants Manager, and she has worked on national and international sustainable development and research projects. Mel earned graduate-level degrees from The Ohio State University and the University of Cincinnati in Environmental Science, Public Health, Community Planning and Geography.

Magi Cable
Magi Cable is a retired middle school teacher who since her retirement in 2010, has become involved in many local organizations. Magi is currently the president of the Okeechobee Historical Society. She developed the historical tours for the 2015 City of Okeechobee and the 2017 County Centennial celebrations.

Alexis Carlson
Alexis Carlson is a reference Librarian at Indian River State College where she helps students, staff and community patrons of all ages learn about digital devices, social media and basic computing. Alexis received her M.L.I.S. Degree from the University of South Florida.

Dr. Evelyn Clements Catacchio
Evelyn (Clements) Catacchio was Vice President of Student Development at Middlesex Community College, the largest community college in Massachusetts. Beyond her work at Middlesex, Dr. Catacchio was President of the National Council for Student Development and was on the editorial board of the Journal for the National Association of Student Personnel Administrators where she received an award as “Pillar of the Profession.” Evelyn earned a Bachelor’s Degree from the University of Pittsburgh, a Master’s Degree from Boston University and a Doctorate Degree from the University of Massachusetts.

Dr. Grace Centola
Dr. Grace Centola is a nationally and internationally recognized specialist in reproductive laboratory and tissue banking. Dr. Centola has served on the faculty of the Uniformed Services University of the Health Sciences (Bethesda, Maryland), SUNY Upstate Medical Center (Syracuse, New York) and the University of Rochester (Rochester, New York). She is proficient in state and federal regulatory aspects of cell and tissue banking and is a consultant to several reproductive tissue banks and stem cell cryobanks in the United States and internationally. Dr. Centola has published more than 40 peer reviewed scientific articles, 70 abstract presentations at national conferences and 26 book chapters, and she has presented more than 50 invited seminars. Dr. Centola earned a Ph.D. Degree from Georgetown University.

Dr. Kathryn Den Houter
Dr. Kathryn Den Houter was a teacher and a psychologist for forty-five years. Currently in retirement, she is fulfilling her dream of reading and writing books. Her most recent work is titled Resilience: A Workbook.

Emily “Emma” Dietrich
Emily “Emma” Dietrich is the Florida Public Archeology Network (FPAN) East Central Public Archaeology Coordinator. Emily is currently completing her Master’s Degree in Historical Archaeology at the University of West Florida focusing on public education and outreach. Her research interests include historical archaeology, public education and outreach, and museum interpretation.
Alicemarie Donohue
Alicemarie Donohue’s career includes more than 25 years with the Central Intelligence Agency, preceded by teaching secondary school in Cairo and Dubai. A full-time Florida resident since 2008, her main focus is on local community service and learning about new things that interest her. Alicemarie is a previous member of the External Advisory Committee of the Fielden Institute for Lifelong Learning and has been a peer leader for four years.

Dr. Robert O. Edmister
Dr. Robert O. Edmister was a Dean and Professor of Finance at Bowling Green State University (Ohio) and the Frank R. Day Chair of Banking, Director of the Mississippi School of Banking and Professor at The University of Mississippi. He is a former practicing banker at the National Bank of Detroit, noted academic at Purdue, Maryland and Mississippi universities, and senior appointee to the Federal Deposit Insurance Corporation (FDIC) and Treasury (Comptroller of the Currency). He has published more than 40 academic articles and a textbook; and is ranked among the 1,000 most prolific scholars in finance literature in the world during the past 50 years. Dr. Edmister earned his Ph.D. Degree from Ohio State University, M.B.A. Degree from University of Michigan and B.S. Degree from Miami University (Ohio).

Joan Edwards
Joan Edwards is a retired fourth grade teacher who taught Florida and Indian River County history for many years in Vero Beach. Joan has led scores of lifelong learners on downtown walking tours. She has traveled to 77 countries and all 50 states. Joan volunteers with many community organizations and is an active member of the Fielden Institute. She earned a Bachelor’s Degree in Elementary Education from University of Findlay (Ohio) and a Master’s Degree in School Administration from Florida Atlantic University.

Stanford Erickson
Stanford Erickson is a 40-year member of the National Press Club in Washington, D.C., and a former member of the Overseas Press Club in New York City. Stanford began his career as a reporter at the San Francisco Examiner. For more than 25 years as a Bureau Chief in Washington, D.C., and a reporter and editor in New York City, he covered presidents, Congress, administrative and regulatory departments and agencies. Stanford was a speechwriter in Washington, D.C. and head of international public relations for the largest containership. He is also a published author, poet and playwright. Stanford earned a B.A. Degree from the University of California, Berkeley, an M.A. Degree from San Francisco State University and an M.S. Degree from the Business School at Columbia University.

Dr. Jean Dickinson Fielden
Dr. Fielden has led popular lifelong learning offerings since our program began. She earned the B.A. and M.A. in mathematics at Duke University and the Ph.D. in mathematical statistics at Virginia Tech University. Jean spent her life in academia and is now the Russell Professor Emerita of Applied Statistics at the University of Alabama, where she served as chair of the program for over 20 years. She also taught at the Wharton School of the University of Pennsylvania, the University of Cincinnati and Mercer University. In addition, she did consulting, contract teaching for the military and the American Statistical Association, and testified as an expert witness in legal cases and before Congress. She is an elected Fellow and life member of the American Statistical Association, as well as an avid reader and duplicate bridge player. The graduate program in statistics at Virginia Tech was recently named in her honor.

Dr. Jim Fogel
Dr. Jim Fogel practiced obstetrics and gynecology in Ithaca, New York before moving to Hobe Sound. He has served on a number of professional boards at the local and state levels, and lectured at Cornell University and Ithaca College.

Darlene Forage
Darlene Forage is the Project Director for the Treasure Coast SHINE (Serving Health Insurance Needs of Elders) program. Darlene specializes in providing healthcare education to seniors and the disabled on the Treasure Coast. Having been a caregiver herself, she brings her wide perspective in addressing the many challenges seniors and the disabled face with their healthcare options in a compassionate, patient and dedicated manner. Darlene earned her Bachelor of Arts Degree from Florida Atlantic University.
Dr. Freund is an Assistant Professor of anthropology at Indian River State College who has been involved in archaeological projects throughout the Mediterranean, the Middle East and North America. His work centers on a combination of fieldwork and laboratory-based methods; central themes include: a) scientific analyses of archaeological materials, b) the mapping of prehistoric networks of interaction and c) the social dimensions of exchange, reciprocity and long-distance relations.

Elizabeth Friedmann
Elizabeth Friedmann is the author of A Mannered Grace: The Life of Laura (Riding) Jackson and editor of The Laura (Riding) Jackson Reader. Elizabeth is co-editor of First Awakenings: The Early Poems of Laura Riding and Laura (Riding) Jackson’s The Word Woman and Other Related Writings and Four Unposted Letters to Catherine. She has also published articles on (Riding) Jackson in the United States, England and Brazil.

Dr. R. Michael Gallagher
Dr. R. Michael Gallagher brings 35 years of academic and clinical experience to his fellow lifelong learners. He is a recognized authority in medicine and healthcare delivery and has lectured extensively throughout the U.S. and Europe. He has served as a university professor, department chair and dean, and as medical director of healthcare organizations. Dr. Gallagher’s special interest is in complex headache and medical problems, and he has authored numerous articles, medical text chapters and books. Dr. Gallagher served as a United States Air Force flight surgeon and retired with the rank of colonel. He has served as a member of the External Advisory Committee for the Fielden Institute.

Diane Goldberg
Diane Goldberg is a master gardener and master naturalist and serves as the Conservation Chair for the St. Lucie Audubon. She has also served as the past treasurer of the St. Lucie Chapter of the Florida Native Plant Society.

Donna Green
Donna Green is a retired secondary school and college instructor who taught in Iowa, Massachusetts, and Indian River and St. Lucie counties. Donna earned both her Bachelor’s and Master’s degrees in Political Science, Anthropology and City Government from the University of Iowa, Iowa City. She studied Spanish at the University and in Spain, Costa Rica and Guatemala, and traveled to Peru, Ecuador, Colombia, Mexico and Argentina. Donna has conducted several trips sharing with her students the culture and history of countries where Spanish is spoken. She is active in several community organizations.

Herb Hinkle
Herb Hinkle practiced law in New Jersey and Pennsylvania for nearly 40 years, and currently is an Adjunct Professor of law at Rutgers University Law School teaching Trusts & Estates, Elder Law and Estate Planning. He earned a J.D. Degree from Rutgers and a second law degree (LL.M.) in taxation from Temple University Law School.

John C. Hosler
John C. Hosler spent more than 48 years in finance, operations, general management and business consulting. John served in both the United States Air Force and Air National Guard. He is a colonel in the Commemorative Air Force and a life member of the Air Force Association and The Ohio State University Alumni Association. John also spent over 18 years as a volunteer mentor for The SCORE Association and is President-Elect of the Stuart Rotary Club. He earned a Bachelor’s Degree in Economics from The Ohio State University.

David W. Hunter
David W. Hunter is a retired U.S. diplomat. Prior to joining the U.S. Foreign Service as a career Foreign Service Officer, David worked in the Office of International Operations at the U.S. Department of Commerce. He was a Visiting Fellow at the School of Advanced International Studies, Johns Hopkins University. David speaks Russian, Spanish and some Korean. He earned a Master of Philosophy Degree in International Relations from the London School of Economics; an M.B.A. Degree from the Crummer School, Rollins College; and a B.A. Degree from Emory University.
Bill Ingui
Bill Ingui taught U.S. history and constitutional law on Long Island, New York, for 33 years and seventh grade civics at Sebastian Charter Junior High School in Florida for three years. When teaching, Bill brought music into the study of history for his students. He was also a co-founder of CASTLE Learning Online. Bill is a member of the Praise Band at Concordia Lutheran Church and performs at adult residence facilities. He is also involved in a number of writing projects with his wife, Dr. Mary Jane Ingui. Bill is a graduate of C.W. Post Campus of Long Island University, and he earned a Master’s Degree from Queens College and Administration Certification from Brooklyn College.

Dr. Mary Jane Ingui
Dr. Mary Jane Ingui is a news correspondent, author of a book about Italian-American women in the 20th century and a writer of many stories of veterans, including the recently published book *Trauma and Tenacity in Vietnam: A Surgeon’s Story*. She is a graduate of Adelphi University and Lehigh University.

Martin Jacobson
Martin Jacobson began his 35-year law enforcement career as a San Diego police officer and retired from the Stuart Police Department before accepting his current assignment as Deputy Director of the Seniors vs Crime program in Florida. He also retired from Indian River State College and Palm Beach State College where he served as an Adjunct Instructor for 30 years. Martin is the author of two criminal justice textbooks and numerous professional articles. He earned an Associate Degree in Criminal Justice from San Diego Miramar College, a Bachelor’s Degree in Public Relations from Purdue University, a Master’s Degree in History from Purdue University and a Master’s Degree in Human Resource Development from Barry University, and he is a graduate of the Southern Police Institute Command Officers Development School.

Paul Janensch
Paul Janensch was the top editor of the newspapers in Louisville, Kentucky; Rockland County, New York; and Worcester, Massachusetts. Paul also worked in Russia as a newspaper consultant taught journalism as an associate professor at Quinnipiac University in Connecticut. He has been to China four times to lecture on the U.S. media and study the Chinese media. Paul co-wrote a dramatic presentation based on World War II letters and wrote another about Ireland’s Great Hunger. Now retired, he continues to write and speak about news media issues. Paul earned a B.A. Degree in Philosophy at Georgetown and an M.S. Degree in Journalism at Columbia.

Sara Johnson
Sara Johnson is a reference Librarian at the Indian River State College Pruitt Campus Library where she helps students and community patrons connect with resources and utilize technology. She earned her M.L.I.S. Degree from Florida State University.

Tom Juliano
Tom Juliano has been a docent at the Navy SEAL Museum for 12 years and a member of the Museum Advisory Board. Tom was a member of the Vero Beach Marine Commission for eight years, including five years as Chairman. He served as Commodore of the Moorings Yacht and Country Club and currently serves on several committees. Tom spent 35 years in executive positions in the information technology industry, which included living abroad in Canada and the United Kingdom. He served as a lieutenant in the U.S. Navy.

David Kapell
David Kapell served as a Peace Corps volunteer in Afghanistan. He has traveled throughout North America, Latin America, Europe and Asia, and maintains various levels of proficiency in Chinese, Dari (Persian), French, German and Spanish. David is a past member of the External Advisory Committee of the Fielden Institute for Lifelong Learning and has served as a peer leader for several years. He earned a degree in history and political science from Tufts University.

Susan Kelly
Susan Kelly is a retired educator and administrator from St. Lucie County Public Schools. Susan mentored intern teachers for Florida Atlantic University and served as a university supervisor of intern teachers for the University of Florida. Susan earned a B.A.E. Degree in Elementary Education from the University of Florida; and an M.A.E. Degree in Administration and Supervision from Florida Atlantic University, and she is certified in the instruction of children with specific learning disabilities.
Richard Kerr
Richard Kerr was employed by the Central Intelligence Agency for 31 years where he served as Deputy Director and Acting Director. Richard worked in a wide variety of jobs, including preparing the President’s Daily Brief and heading the Far East Office. He spent seven years as a member of the commission monitoring the Good Friday Agreement in Northern Island. He just published *The Dark Side of Paradise*—a book of short stories.

Barbee Kiker
Barbee Kiker was involved for 15 years with computer training and course development for ONLC Training Centers based in Wilmington, Delaware. She has taught computer-related courses with Osher Lifelong Learning in Delaware and has a passion for keeping up with today’s technology.

Don Klein
Don Klein helps beginners gain confidence and build the skills needed to effectively use a computer for communicating with family and friends. Don is a retired educator with more than 30 years of teaching experience from elementary-age students to the lifelong learner. He earned a Master’s Degree from Nova Southeastern in Instructional Technology.

Dr. Stephen Kowel
Dr. Stephen Kowel has held faculty positions at Syracuse University, the University of California–Davis, the University of Alabama in Huntsville and the University of Cincinnati, where he also served as Dean of the College of Engineering. After retiring as Professor and Dean Emeritus, he was the Director of Research Development for Science and Engineering at the University of California, Santa Barbara from 2012 to 2015. Dr. Kowel earned his Ph.D. Degree in Electrical Engineering from the University of Pennsylvania.

Don Larson
Don Larson has been an active participant in lifelong learning and is sure to engage you with his approach to the subject of economics and the economy. He is an avid traveler and studied both modern European history and archaeology at the University of Pittsburgh. Don earned his M.B.A. Degree from the University of Chicago and a B.S. Degree from Illinois Institute of Technology. He attended the Executive program at Columbia University.

Katherine Geddes Lovkay
Lifelong learner Katherine Geddes Lovkay has been meditating for decades and has used and taught meditation in healthcare and public forums. Katherine has served as an inter-denominational chaplain for Treasure Coast Hospice and as an ordained minister in both Australia and the United States. Her approach is welcoming of individual spirituality with no particular spiritual approach presented or recommended. She earned her Master of Education Degree.

Keith Lyons
Keith Lyons has been a resident of Martin County, Florida, for 45 years. As a guitar player for 53 years, Keith’s interest in the instrument has inevitably led him to become a part-time luthier (one that makes or repairs stringed instruments). With several years of experience in repairing, modifying and making electric guitars, he has accumulated an intimate knowledge of the instrument and how it works.

Iris Madison
Iris Madison is a practicing licensed psychotherapist with more than 40 years of experience in the mental health/human services field. Iris has worked in private practice and in educational, governmental, medical and public health facilities, including the National Institutes of Health, the Centers for Disease Control and Prevention and Indian River State College. She currently works part-time as a behavioral health therapist at Treasure Coast Community Health Center and has facilitated workshops for our Lifelong Learning Institute for the past four seasons. Her professional experience includes extensive work with Latino clients who have shared their stories of crossing the border. Her approach is both psychological, sociological, and systemic with an emphasis on understanding the person in his/her environment.
M.J. Malloy
M.J. Malloy spent her career teaching Spanish, French and Russian. Her love of bridge began during retirement, when she learned to play to keep her father company. M.J. is now a member of the American Bridge Teachers Association and is an American Bridge Contract League life master and accredited bridge director. She is a graduate of the University of Miami and a former ZTA Sorority sister.

Douglas Marcello
Douglas Marcello is a Financial Advisor with Edward Jones. Coming from a career in education, Doug carries his passion for education into his financial advising. He enjoys helping people understand their investments and how they align with their financial goals. Doug appreciates working closely with clients and their CPA, attorney and other professionals to determine the most appropriate financial strategy.

Dr. Kimberly Massnick
Dr. Kimberly Massnick is a criminologist who specializes in cases involving sexual offenders and serial killers. From a public defense investigator to an Assistant Professor in criminal justice at Indian River State College, Dr. Massnick finds adventure and learning in unexpected places.

Dr. Susan Mathews
Dr. Susan Mathews founded Corporate Health Dimensions, which was later purchased by Walgreens. Dr. Matthews completed the Sherwin B. Nuland Summer Institute in Bioethics at Yale. She currently serves on various boards of directors; is a columnist for lifemattersmedia.org, a 501(c)3 in Chicago; and recently served as a study group leader for the Empire State College Academy for Lifelong Learning in Saratoga Springs, New York. Her personal website can be found at www.susanmmathews.com. Dr. Mathews is an R.N. and earned Master’s and Ph.D. degrees in Healthcare Administration and a Master’s Degree in Bioethics.

Jenifer Mina
Jenifer Mina is a retired business librarian. In Connecticut, Jenifer owned a library management business, working with accounting, law, architecture, corporate and Federal libraries on a weekly basis. She has been writing poetry since age 12 and has taught poetry writing at several community colleges. For several years, Jenifer has taught poetry writing and nature classes for the Fielden Institute. Jenifer is a certified Florida master naturalist, and her volunteer activities include singing in a choir, acting as a nature guide, tutoring and volunteering at a farm that feeds the hungry. Jenifer earned a degree in American Studies from St. Joseph University and a Master’s Degree in Poetry from Wesleyan University.

Dr. James F. Miskel
Dr. James F. Miskel was the Director for Defense Policy and Arms Control at the National Security Council during the Reagan and first Bush administrations. Dr. Miskel also served as a Professor of national security affairs and Associate Dean of Academics at the U.S. Naval War College. As an Adjunct Professor at the war college, he taught online graduate courses on terrorism. He was also a Senior Fellow at the Long Island University Homeland Security Management Institute, and an adjunct professor at Norwich University and the University of Maryland. He and his wife live in Vero Beach. Dr. Miskel earned his undergraduate degree at Boston College and graduate degrees at the State University of New York.

Angie Neely-Sardon
Angie Neely-Sardon is a reference Librarian for the Brackett Library with the Indian River State College Mueller Campus. Angie works with student and community patrons, helping them find resources and use technology. She teaches information literacy and research skills through instructional sessions and serves as an instructor for the courses Electronic Access to Information and Introduction to Internet Research. Angie earned a Master of Science Degree in Library and Information Studies from Florida State University.

John Nelson
John Nelson is the President of Audubon of Martin County and the voice of “The Audubon Moment” which broadcasts on four public radio stations in Florida, including WQCS-FM 88.9. John is a certified Florida master naturalist, Toyota Audubon Together Green Fellow and wildlife videographer. He contributed video footage to National Geographic’s “World’s Deadliest” television series. His production company (Florida’s Wild Outdoors) has also produced educational videos for environmental non-profits, including the Manatee Education & Observation Center of Fort Pierce, Florida.
Jennifer Proper
Jennifer Proper has taught various classes in health and nutrition including on the college level. Jennifer has incorporated hands-on activities to reinforce training and presented numerous health-related programs in senior living centers. She earned a M.A. Degree and D.Litt. Degree.

Claire Quaglieri
Claire Quaglieri taught chemistry and psychology at Simsbury High School for 33 years. Since retiring, Claire has resided in a golf community in Port St. Lucie. Besides playing golf several times a week, she has taught multiple classes of Mah Jongg. Becoming active in the Fielden Institute has become a very fulfilling part of her time, and Claire hopes to spread the joy and challenge of Mah Jongg even further. She earned her Bachelor’s Degree in Chemistry from Georgian Court University in Lakewood, New Jersey, and Master’s degrees in Psychology and Administration from Central Connecticut State University.

Dr. Herbert P. Ricardo
Dr. Herbert P. Ricardo previously worked in healthcare administration, developing and structuring existing organizations for maximum efficiency and productivity. Dr. Ricardo currently teaches Organizational Behavior and Management at Indian River State College and Global Trade and Commerce at Czech University of Life Sciences Prague. His field of expertise includes international entrepreneurship, organizational culture and management. Dr. Ricardo has lectured on the holistic approach to work, its value to the individual, the organization and community as a whole. His latest book is *Balance: Work Culture in the 21st Century, How Work Defines Us And Shapes Our Society*; others include *Raising Employees, Thinking Organizations, The Art of Supervision, Autoneurotica and Wireless.*

Dr. Cathy Rosenbaum
Dr. Cathy Rosenbaum is a holistic clinical pharmacist, certified health coach, and Founder and CEO of Rx Integrative Solutions. Dr. Rosenbaum has over 40 years of professional practice experience in academia, the pharmaceutical industry, hospital medication quality and safety, and health and wellness consulting.

Joseph Saul
Joseph Saul is a native of New York with educational backgrounds in chemistry and biochemistry. Joseph is a retired dentist and professor of dentistry, as well as a former law review editor. His areas of practice have included insurance law, corporate and securities law, commercial law, real estate law, and taxation. He has written a book on the history of the Middle East focusing on the development of Islam and the impact of the Ottoman-German alliance on the modern Middle East.

Ned Schwartz
Ned Schwartz is a Professor Emeritus from Western New England University in Springfield, Massachusetts. Ned taught courses in Strategic Management and Integrated Business Operations in the College of Business. His motto is “Learn something new every day.” His passion is sharing information with others while encouraging lively discussions and the pursuit of thoughtful analysis. In retirement, Ned’s eclectic view of the world continues to include pizza-making, plausible science fiction and current events, which he incorporates into his novels and music. Ned earned his J.D. Degree and is a certified public accountant.

Dr. Alexander Shelby
Dr. Alexander Shelby is fluent in Arabic, Ottoman Turkish, with rudimentary knowledge of Farsi and Hebrew. Dr. Shelby has conducted research in the Middle East focusing on the impact of American foreign policy in the region during the Cold War. Alex has worked for the Fulbright Institute of International Education and the U.S. State Department as Florida State University representative to visiting Iraqi Fulbright scholars to promote international education and cultural understanding. His latest research project focuses on American-Egyptian relations during the Yemeni Civil War. For his next project, Dr. Shelby plans a study on the rise of the Islamic State in the Levant (ISIL). He earned a M.A. Degree in American History from the University of New Orleans and a Ph.D. Degree in Middle East and Islamic History from Florida State University.
Bill Solomon
Bill Solomon serves as Department Chair of the Human Environmental Science Department at Indian River State College, which oversees the Culinary Institute, the Culinary Operations Apprenticeship program and Early Childhood Education Degree programs. Bill is pursuing a Doctorate Degree in Hospitality Management at Iowa State University. He is a certified hospitality educator from the American Lodging Association, a certified instructor for the National Restaurant Association and a coach for the medal-winning IRSC Culinary Olympic Team. Bill earned an A.S. Degree in Restaurant Management and Culinary Arts, a B.B.A. Degree in Accounting and an M.A. Degree in Career and Technical Education.

Dr. Benjamin Taggie
Dr. Benjamin Taggie, Professor Emeritus at UMass Dartmouth, taught medieval and classical history and served as dean, provost and vice chancellor. Dr. Taggie founded MSA Cultural Tours which conducts annual tours to Greece, Italy, Spain and Portugal. He currently serves as the President and Executive Director of the Mediterranean Studies Association, teaches lifelong learning adult education classes in Florida and Massachusetts. Dr. Taggie has researched and published in the field of history and served as editor of the prestigious journal Mediterranean Studies. He earned his Ph.D. from Michigan State and was a post-doctoral Fellow at Harvard and Brown.

Mia Tignor
Mia Tignor is the emerging technologies Librarian at Indian River State College where she helps students, staff and community patrons navigate the sometimes tricky world of traditional and tablet computing. She earned her M.L.I.S. Degree from the University of South Florida.

Dr. Paul Trudeau
Dr. Trudeau has been involved in treatment of psychologically diagnosed people since 1960. Paul’s training in psychoanalysis required six years of post-doctorate training at New York University. During his career, Dr. Trudeau treated and/or consulted in hospitals, schools and private practice with myriad ages, diagnoses and techniques. He earned a B.A. Degree, M.A. Degree and Ph.D. Degree in New York.

Raphaele Wagner
Raphaele Wagner’s work experience includes geriatrics, pediatrics and everyone in between, and in just about every setting possible. Raphaele is a member of Age Safe America. She graduated from Barry University with a Master of Science Degree in Occupational Therapy and has earned several professional certificates and additional credentials, including Aging In Place Specialist, Senior Safety Specialist and Advance Practice In Psychiatric Occupational Therapy. Raphaele recently became a certified end-of-life doula consultant.

Dowling Watford
Dowling Watford, Jr., is a fifth generation Floridian and lifelong Okeechobee resident. He currently serves as Mayor of the City of Okeechobee, is an active member of the First United Methodist Church, the Kiwanis Club of Okeechobee, the Okeechobee Historical Society and the Okeechobee Battlefield Friends. Dowling graduated from Okeechobee High School and Florida Southern College.

Sarah Way
Sarah Way is a retired media specialist from Montgomery County, Maryland. During her more than 20-year career in education, Sarah taught grades K-12 and worked with both gifted and challenged students. When not traveling, Sarah works as a substitute teacher in Martin County. She earned a B.A. Degree in Communications from Simmons College and an M.S. Degree in School Library Media from McDaniels College.

Brett Williams
Brett Williams is a reference Librarian at the Indian River State College Miley Library. He assists students, staff, faculty and community users locate and understand information. Brett earned his M.L.I.S. Degree from Valdosta State University.
IN MEMORIUM
The Fielden Institute for Lifelong Learning was endowed by Dr. Jean Dickinson Fielden in memory of her late husband, Dr. John “Jack” Seward Fielden. Jack received degrees from the Wharton School of the University of Pennsylvania, Harvard University and Boston University. Except for serving in the U.S. Navy during World War II, he spent his life in academia, as a member of the faculty at the University of Illinois, Purdue and Harvard, and Dean of the Business Schools at Boston University and the University of Alabama, where he met Jean.

Active in the Institute since its establishment in 2006, Jack served on the External Advisory Committee and volunteered as a peer leader until his death in 2010. Jean continues to serve as a devoted advisor and peer leader of the popular multi-campus offering, “Great Adaptations: Books into Films.”

Loyal supporters of Indian River State College, Jack and Jean Fielden have pledged leadership gifts to support the growth of the College’s student scholarships in health sciences and mathematics. Published authors, the Fieldens also helped to develop the Pioneer River Press. With more than 25 years of experience training employees at some of the world’s largest corporations, Dr. Jack Fielden and his co-authors published, “Throw me the Bottom Line…I’m Drowning in Email!” The Press provides an opportunity to pursue publication with a portion of sales directed to support IRSC scholarships. Jack’s leadership will forever be remembered as an integral part of the success of the lifelong learning initiative at Indian River State College.

THANK YOU TO ALL WHO HAVE SERVED AS ADVISORS!

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